



RESOLUTION NO. _____

OF THE BOARD OF SUPERVISORS OF THE COUNTY OF NEVADA

RESOLUTION PROCLAIMING APRIL 1-7, 2019 AS PUBLIC HEALTH WEEK IN NEVADA COUNTY

WHEREAS, the week of April 1-7, is National Public Health Week, and the theme is “Creating the Healthiest Nation: For science. For action. For health.”; and

WHEREAS, since 1995, the American Public Health Association has proclaimed the first full week of April to be National Public Health Week. Each year since then, the public health community has celebrated this observance by focusing on issues critical to improving the public's health; and

WHEREAS, preventing diseases before they start is critical to helping people live longer, healthier lives while reducing overwhelming health-related costs; and

WHEREAS, nearly 1 million Americans die every year from chronic, preventable diseases such as heart disease, cancer and diabetes, and these chronic diseases account for 86% of the nation's health care spending, or \$2.7 trillion per year; and

WHEREAS, chronic diseases cause Americans to miss 2.5 billion days of work each year, resulting in lost productivity totaling more than \$1 trillion; and

WHEREAS, statistics, such as 65% of adult males and 45% of adult females in Nevada County are overweight or obese, 54% of our county's adult population is prediabetic, over 15% of adults smoke, and youth use of tobacco is on the rise, 14.8% of our county's adults and 23.5% of our county's children suffer from food insecurity, and nearly 14% of adults report no leisure time physical activity, indicate that there is room for improvement in the health risk behaviors and overall health of Nevada County; and

WHEREAS, strong public health systems are critical for sustaining and improving community health; and

WHEREAS, by emphasizing prevention and creating environments where it is not only easy for people to make healthy choices, but where they are encouraged to do so, we can make great strides in improving the health of Nevada County residents.

NOW, THEREFORE, BE IT HEREBY RESOLVED that the Board of Supervisors proclaims April 1-7, 2019, as Public Health Week in Nevada County.