

Resume of Qualifications

“REMY” SAUNDRA LINDSEY R.N.

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N. San Juan, CA., 95960
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Education: B.S., 1977, San Francisco State University, S.F., CA., NURSING

Credentials: Licensed as an R.N. in California #277251
Public Health Nurse Certificate

Experience

Case Manager and Clinician What’s Up Wellness Check Ups in Nevada County Schools: September, 2023 to present: This is a program dedicated to screening teens for possible high risk mental health challenge such as suicidal ideation, self harm, PTSD, abuse, deprivation and many other concerns. We utilize a Stanford based testing system to assess challenges and needs. After the screening we meet with a student and go over their responses; offer crises intervention, referrals and support as needed. As the Case Manager writer will then bring in resources and make referrals, speak with parents and school staff as needed.

Public Health Nurse, Nevada County Department of Health Services 500 Crown Point Circle, Grass Valley, Ca. June, 2018 to September 2024. Part time position overseeing the Child Health & Disability Prevention program, assisting in the Childhood Lead Poisoning Prevention program and providing home visits in the Maternal Child and Adolescent Health program (MCAH). Comprehensive Case Management of families with young children. Provide education, referrals to community resources, developmental screenings, triage, crises intervention and guidance as needed. In 2022 became the RN, PHN home visitor for the Cal Works home visiting program.

School Nurse: Twin Ridges Elementary District: includes Grizzly Hill School on the North San Juan Ridge and Washington School in Washington. September, 2017 to April, 2018 this district has approximately 100 students from K through 8th grade. This is a 4 hour a week position. Please see School Nurse duties below.

Public Health Nurse; Placer County Health and Human Services; 11484 B Ave., Auburn, Ca. 95603: November 2011 to present; part time, extra help position began as a Public Health Field Nurse; Case manager for Maternal, Child and Adolescent Health, In Home Support Services & Targeted Case Management. Beginning in 2014 position was primarily in the Communicable Disease Prevention Program doing Infectious Disease Case Investigations. Beginning in February 2017 position changed to working in

Whole Person Care a new program dedicated to assisting the Homeless; including persons with alcohol and drug addictions, mental health issues and complex medical challenges.

School Nurse; Penn Valley Unified Elementary School District, Penn Valley, CA.. December 2013 to August 2016: Worked as a School Nurse at Ready Springs School, Vantage Point School, Pleasant Valley School and Williams Ranch School. Oversaw the needs of approximately 750 children in K through 8th grades. Provided education, training and Individual Health Care Plans. Wrote IEP reports for Special Needs children. Oversaw the School Immunization requirements. Performed Scoliosis Screenings on 7th & 8th grade students. Provided triage and interventions related to student needs, both physical and emotional. Performed hearing and vision testing for students. Completed state reports as needed.

Public Health Nurse, Nevada County Department of Health Services 500 Crown Point Circle, Grass Valley, Ca. January 2004; to September 2009. Worked as the Nevada County Immunization Coordinator for 2 years and then as the Childhood Lead Poisoning Prevention Coordinator. One third of my position was dedicated to the Maternal Child & Adolescent Health program. In November 2008, took over the position of PHN on the Family Preservation Team. Responsibilities included; overseeing programs, developed county-based statistics, set up IZ & lead testing clinics, wrote RFA's for grants. Develop PSA's, act as an educator and provided community outreach. Worked in the Maternal Child Health program, doing home visits on families. In the Family Preservation program worked with families who are "high risk", often with mental health challenges, providing health assessments, case management, education and crisis intervention.

Addendum

Previous to moving to Nevada County writer held positions as a Psychiatric RN in the SF Bay Area. Worked on locked and open psychiatric units with teens and adults for over 8 years. Spent 4 years working in Level 14 residential treatment center for teens. Then again worked with adjudicated teens for 4 years.

References available upon request

