



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: August 8, 2023

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of Amendment #1 to the contract with California Psychiatric Transitions, Inc. for Mental Health Rehabilitation Center (MHRC) / Institute for Mental Disease (IMD) Services for Mentally Disordered persons to increase the maximum contract price from \$225,000 to \$245,000 (an increase of \$20,000) and revise Exhibit "B", Schedule of Charges and Payments to reflect the increase in the maximum contract price for the term of July 1, 2022 through June 30, 2023. (RES 22-248)

RECOMMENDATION: Approve the attached Resolution.

FUNDING: These services are mandated. The contract is supported by Behavioral Health's 2011 Realignment funds for Managed Care, Medi-Cal Reimbursement, and 1991 Realignment as needed for referred uninsured indigent clients. There are no county general funds required.

BACKGROUND: On June 14, 2022, per Resolution RES 22-248, the Nevada County Board of Supervisors approved execution of the Professional Services Contract with California Psychiatric Transitions (CPT), a fully licensed Mental Health Rehabilitation Center. CPT offers inpatient psychiatric treatment and rehabilitation services to seriously mentally ill adults over the age of eighteen. With two on-site psychiatrists and a medical doctor along with a 24-hour nursing staff, CPT has the ability to render constant and immediate attention.

The program goals are to:

- Implement a treatment plan designed specifically for each resident.
- Offer a highly structured program that caters to a wide spectrum of the mental health community.

- Assist clients to develop into self-reliant human beings and thus allow their return to less restrictive settings in the community.

Contractor's Main Program is dedicated to addressing specific psychiatric needs of the mental health community as well as developing self-reliant individuals with good communication and social skills. CPT employs a highly structured daily program that allows both developmental growth and self-reliance.

Contractor's Disruptive Behavioral Unit Program provides individuals an intensive therapeutic program that will focus directly on disruptive behaviors. This highly structured program creates an atmosphere that minimizes distraction and focuses on recovery.

Contractor's Diversion Program is designed to serve court ordered diversion and Incompetent to Stand Trial- Penal Code 1370 (IST 1370) individuals. The program goal is to use a structured daily program to allow for competency restoration and diversionary programs. By treating these individuals, Contractor can assess whether or not an individual is competent to stand trial or is in need of further psychiatric evaluation and treatment.

This amendment was delayed in order to ensure sufficient funding in the event that additional people were placed in May or June.

It is recommended that the Board approve this Amendment to allow for placement for Behavioral Health's most difficult cases to receive these critical services.

Item Initiated and Approved by: Phebe Bell, MSW, Behavioral Health Director