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## NEVADA COUNTY BOARD OF SUPERVISORS

### Board Agenda Memo

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**MEETING DATE:** October 8, 2019

**TO:** Board of Supervisors

**FROM:** **Jill Blake**

**SUBJECT:** Resolution approving execution of Amendment No. 1 to the Personal Services Contract with Jennifer L. Winders, MSW, d/b/a Winders Wise Services for the provision of crisis counseling, alcohol and other drug prevention, and nutrition education and obesity prevention activities for high risk clientele to increase the maximum contract price from \$50,200 to \$54,200 (an increase of \$4,000), revising Exhibit "A" Schedule of Services to reflect the addition of new services deliverables related to Alcohol and Other Drug (AOD) Prevention and revise Exhibit "B" Schedule of Charges and Payments to reflect the increase in the maximum amount of \$54,200 for Fiscal Year 2019/20.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Services are funded by Nutrition Education and Obesity Prevention (NEOP) program funding from California Department of Public Health, Substance Abuse Prevention and Treatment (SAPT) funding transferred from Behavioral Health to Public Health, Public Health Realignment, and NorCal AIDS Cycle grant funding. Services are within the Department's FY 2019/20 budget, and there are no county general fund dollars required in the agreement.

**BACKGROUND:** Per Resolution 19-376, the Contractor will continue to provide professional crisis counseling and health education and alcohol and drug prevention activities, including sexually transmitted infections and reproductive health programming, for youth and adults as part of the Department's Health and Wellness Programs. The Contractor will conduct up to five adolescent health groups for at-risk youth to reinforce healthy behaviors and stress management and to decrease high risk behaviors, thereby mitigating the risk of engaging in alcohol and other drug use.

Services are provided to increase the capacity to utilize electronic media to advance alcohol and drug prevention goals by implementing youth-driven video-voice and digital storytelling projects and developing web-based media. This strategy seeks to provide awareness and knowledge of the

nature and extent of alcohol, tobacco and drug use, abuse and addiction and their effects on individuals, families and the community.

This Contractor will provide Nutrition Education and Obesity Prevention Program (NEOP) related services which include overseeing school-based efforts on active transportation and physical activity, collaborating on other physical activity-related initiatives, conducting nutrition education and physical activity promotion classes, targeted to reach at least 50 unduplicated CalFresh Healthy Living (previously referred to as SNAP-Ed) eligible individuals. Services will also include HIV Program related services, conducting twice monthly HIV/HCT Testing and Counseling Clinics, including Naloxone distribution, in coordination with the HIV Program and Public Health nurses, following protocol as per the Public Health Department's HIV/HCV Rapid Test Clinic Manual.

In addition, the Contractor is responsible for webpage improvements and maintenance of the County's HIV Program webpage and the Nutrition Education and Obesity Prevention (NEOP) webpage, providing social media support as needed and developing outreach materials including flyers and brochures.

It is recommended that the Board approve this Amendment which allows continuation of essential, alcohol and drug prevention services for high risk clientele residents of Nevada County.

**Item Initiated and Approved by: Jill Blake, MPA, Director of Public Health**