

## NEVADA COUNTY BOARD OF SUPERVISORS Board Agenda Memo

MEETING DATE:July 19, 2016TO:Board of SupervisorsFROM:Rebecca SladeSUBJECT:Resolution approving execution of a renewal contract with Common<br/>Goals, Inc. for the provision of outpatient rehabilitative treatment services<br/>for the recovery and treatment of alcohol/drug dependency in the<br/>maximum amount of \$266,748 for Fiscal Year 2016/17.

**<u>RECOMMENDATION</u>**: Approve the attached Resolution.

**<u>FUNDING</u>**: Funding is provided through Drug Medi-Cal Federal reimbursement, SAPT (Substance Abuse Prevention and Treatment) monies and 2011 Realignment. Services are included in the Department's FY 2016/17 budget and there are no county general fund dollars required in the Agreement.

## **BACKGROUND:**

Common Goals provides education and treatment services to persons affected by the disease of alcoholism and/or drug addictions. Under this Agreement, the Contractor will continue to provide outpatient rehabilitative treatment services for Medi-Cal Beneficiaries for the recovery and treatment of alcohol/drug dependency. The service program will be for adults (over the age of eighteen) both males and females; and adolescents both males and females, offering individual and group outpatient rehabilitation services for authorized county clients.

Each client receives individual counseling, which is face-to face contact between the client and the therapist or counselor. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services and crisis intervention. Group counseling means face-to-face contacts in which one or more counselors treat two or more clients, up to a total of twelve clients, at the same time, focusing on needs of the individuals served. Sessions focus on

overcoming substance abuse related obstacles to achieve short-term personal, family, job/school and other goals.

Family Counseling will be made available to participants whenever issues such as interpersonal and/or family relationships present themselves as possible barriers to the successful treatment of the individual. The Contractor will provide direct therapeutic counseling services to families referred for substance abuse issues.

Additionally, per the renewal contract, services have been expanded to include participants referred through the Nevada County Probation Department.

It is recommended that the Board approve this renewal Agreement as services provided are designed to help individuals and families achieve and maintain sober, clean, healthy, rewarding lifestyles and to end the repeated cycles of substance abuse addiction.

Item Initiated and Approved by: Rebecca Slade, Director of Behavioral Health