



**NEVADA COUNTY**  
**HEALTH & HUMAN SERVICES**  
**AGENCY**

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## **NEVADA COUNTY BOARD OF SUPERVISORS**

### **Board Agenda Memo**

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**MEETING DATE:** January 9, 2024

**TO:** Board of Supervisors

**FROM:** Phebe Bell

**SUBJECT:** Resolution approving execution of an Amendment to the contract with Aegis Treatment Centers, LLC. for the provision of a Drug Medi-Cal outpatient Narcotic Treatment Program for Behavioral Health clients to add Narcotics Treatment Program services for adolescents and increase the maximum amount from \$806,000 to \$826,000 (an increase of \$20,000) for FY 2023/24, revise Exhibit "A" to reflect the change, and revise Exhibit "B" to reflect the increase in the maximum contract price.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Narcotic Treatment Program services are mandatory under the Drug Medi-Cal Organized Delivery System Waiver, which Nevada County implemented on July 1, 2018. These services are funded by Federal Drug Medi-Cal and State 2011 Realignment. Services are within the Behavioral Health FY 23/24 budget and there are no County general fund dollars required in the Agreement.

**BACKGROUND:** On August 8, 2023, per Resolution 23-389, the Nevada County Board of Supervisors approved execution of the Professional Services Contract with Aegis Treatment Centers, LLC for Drug Medi-Cal (DMC) outpatient Narcotic Treatment Program (NTP) for referred clients of the Nevada County Behavioral Health Department.

Substance Use Disorder (SUD) is a significant issue in California and in Nevada County specifically. Opioid Use Disorder (OUD) is a significant challenge for our clients, which impacts not only the user, but also their children, family and community. While the rate of opioid

prescriptions has decreased significantly in Nevada County, the opioid overdose death rate in Nevada County significantly exceeds the state rates. Medication Assisted Treatment (MAT) programs and Narcotic Treatment Programs (NTP's) are the medical standard of care for individuals with Opioid Use Disorders.

OUD is a leading cause of morbidity and mortality among youth in the United States. MAT is the use of medication in combination with counseling and behavioral therapies for the treatment of SUD. For those with an OUD, medication addresses the physical difficulties that individuals experience when they stop taking opioids. It is recommended that MAT is utilized in treating adolescents with OUD as it reduces adolescents' opioid misuse, injection drug use, and has also been associated with reductions in drug overdoses. Nevada County is in need of a MAT provider to deliver lifesaving services to youth diagnosed with OUD.

Under this contract, Aegis Treatment Centers provides NTP and MAT services. These services include comprehensive assessments, treatment planning, individual and group counseling, administration of initial and maintenance doses of medications for new and ongoing patients, treatment of pregnant clients, urinalysis testing, and discharge planning. Nevada County clients have weekly medical appointments at Aegis Treatment Center in Marysville, CA. Clients can then obtain their medications at the in-county Medication Unit located in Grass Valley according to the frequency indicated by their individualized treatment plan.

It is recommended the Board of Supervisors approve this Amendment to add NTP services for youth as these services are critical for the treatment of adolescent beneficiaries in Nevada County with OUD.

**Item Initiated and Approved by:** Phebe Bell, MSW, Director of Behavioral Health