

**Ryan Gruver**  
Health and Human Services Agency  
Director

500 CROWN POINT CIRCLE, STE 110  
GRASS VALLEY, CA 95945  
TELEPHONE (530) 265-1450  
(888) 303-1450



**Erin Mettler, MA**  
Interim Public Health Director  
**Sherilynn E. Cooke, MD, MPH**  
Public Health Officer

10075 LEVON AVE STE 202  
TRUCKEE, CALIFORNIA 96161  
TELEPHONE (530) 582-7814

## NEVADA COUNTY BOARD OF SUPERVISORS Board Agenda Memo

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**MEETING DATE:** March 28, 2023

**TO:** Board of Supervisors

**FROM:** **Erin Mettler**

**SUBJECT:** Resolution approving execution of Amendment No. A01 to Agreement Number 22-10266 with the California Department of Public Health which increases the maximum amount from \$2,368,284 to \$2,402,799 (an increase of \$34,515) for the Women, Infants, and Children Supplemental Nutrition Program for the term of October 1, 2022 through September 30, 2025. (4/5 Affirmative Vote Required)

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** This is Federal discretionary funding received annually as a pass-through from the State. Subject to available appropriations, the U.S. Department of Agriculture, Food and Nutrition Service allocates Federal Women, Infants and Children (WIC) dollars to States to support nutrition services and administrative costs for the federal fiscal year. A budget amendment for the 2022-23 fiscal year is needed in the amount of \$11,505, and is included in this Resolution. There are no county general fund dollars required in the Agreement.

**BACKGROUND:** Per Resolution 22-398, the Board of Supervisors approved Agreement No. 22-10266 with the California Department of Public Health (CDPH) for the WIC Supplemental Nutrition Program. The WIC Program is a federally funded and regulated program that provides supplemental food vouchers, nutrition education, and referral services to eligible pregnant, breastfeeding, and postpartum women, infants and children under the age of five. WIC helps pregnant women, new mothers and young children eat well and stay healthy.

WIC saves lives and improves the health of nutritionally at-risk women, infants and children. Since its beginning in 1974, the WIC Program has proven to be one of the most successful Federally- funded nutrition programs in the United States. Collective findings of studies, reviews and reports demonstrate that the WIC Program is cost effective in protecting and improving the

health/nutritional status of low-income women, infants and children.

The goal of the WIC program is to decrease the risk of poor birth outcomes and to improve the health of participants during critical times of growth and development. To meet this goal, WIC provides nutrition education, breastfeeding promotion, healthcare and other referrals and specific foods that provide key nutrients needed by pregnant and breastfeeding mothers, infants and children.

It is recommended the Board approve this Amendment to support the County's WIC program which serves an ongoing caseload of approximately 1,020 clients.

**Item Initiated and Approved by: Erin Mettler, MA, Interim Director of Public Health**