



# NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

Ryan Gruver  
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## Department of Social Services

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## NEVADA COUNTY BOARD OF SUPERVISORS

### Board Agenda Memo

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**MEETING DATE:** January 23, 2024

**TO:** Board of Supervisors

**FROM:** Rachel Peña

**SUBJECT:** Brief Review of Nevada County's Aging and Disabilities Playbook and Resolution requesting participation in the AARP Network of Age-Friendly Communities seeking membership in the AARP Age-Friendly Network, and authorizing the Chair of the Board of Supervisors to sign the letter of support for membership on behalf of the County of Nevada

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** N/A

**BACKGROUND:** The purpose of the Nevada County Aging and Disabilities Playbook is to establish an Action Plan with innovative solutions for improving the lives older adults and people with disabilities throughout our community. Over the past two years, Adult Services of Nevada County and the Aging and Disability Resources Connection (ADRC) of Nevada County, along with local stakeholders, partners, and community members developed this plan using extensive data and community input. The input has been used to identify priorities, resources, and opportunities to create a community that is thriving for all ages and abilities. These findings guided the development of our three-year Local Playbook Action Plan, including our Vision, Mission, Goals, and Strategic Actions. Our Local Playbook Action Plan is aligned with the California Master Plan for Aging, the state's plan for creating a California for all ages by 2030. The Action Plan will be implemented by Adult Services, the ADRC, and many local community agencies and groups.

One immediate benefit of our local planning process is our eligibility to apply to become an AARP recognized Age-Friendly Community. The AARP Network of Age-Friendly States and Communities supports the work of local, regional, and state governments as they prepare for the nation's changing demographics. Established in 2012, the network includes towns, cities, counties, and states that have made a commitment to being more livable for people of all ages, and especially older adults and adults living with a disability.

The program's framework equips local leaders and residents with resources for assessing the needs of older adults and adults living with a disability related to housing and

transportation options, access to key services, and opportunities to participate in community activities. Once identified, those needs can be incorporated into an action plan.

Membership in the AARP network serves as an organizing structure for making community improvements, fosters partnerships among community groups and local stakeholders, provides resources for identifying and assessing community needs, and enables community improvements that benefit people of all ages. Membership also provides local leaders with access to expert-led webinars and technical assistance from livability professionals, connections to a national network of more than 700 enrolled communities, a private group forum for discussions, and support, guidance, and best-practice resources from AARP. Membership is free.

**Item Initiated and Approved by:** Rachel Peña, LCSW Director of Social Services