

# Mental Health and Substance Use Advisory Board Presentation

May 2026



**NEVADA  
COUNTY**  
CALIFORNIA

**Behavioral  
Health**



# Role of the MHSUD Board: Advise the Board of Supervisors and the local Behavioral Health Director regarding any aspect of the local behavioral health program, including:

Programs and Services	Review and evaluate the community's public behavioral health needs, services and facilities
Contracts and Agreements	Review BH department agreements including the annual Behavioral Health Services Act update, state audits and key contracts
Outcome Data	Review the county's performance outcome data
Community Involvement	Ensure community involvement in all Behavioral Health planning processes
Hire Director	Review and make recommendations on applicants for appointment as the local Behavioral Health Director

# Membership of the Board:

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All Board members are appointed by the Board of Supervisors

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Board must be comprised of at least 50% consumers or families of consumers (minimum 20% consumers)

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One member will be from the Board of Supervisors

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Board members or spouses cannot work for the County or local contracted agency (unless the person is a mental health consumer)

# Key Accomplishments of Board



**Sought community input through regular presentations from contracted providers and open dialog at meetings**



**Provided input on department budget and on key infrastructure grants such as the BHCIP Inpatient Facility and HomeKey grants for permanent supportive housing**



**Incorporated consumer voice via monthly peer support updates and input from the Consumer Advisory Council**



**Participated in focus group to advise on key behavioral health needs to advise Behavioral Health Services Act Integrated Plan and programming for FY 26/27 – 28/29**

# Key Accomplishments of Board



**Oversaw functioning of the system through staff reports and review of performance and outcomes data**



**Sustained board member engagement and brought on two additional board members.**



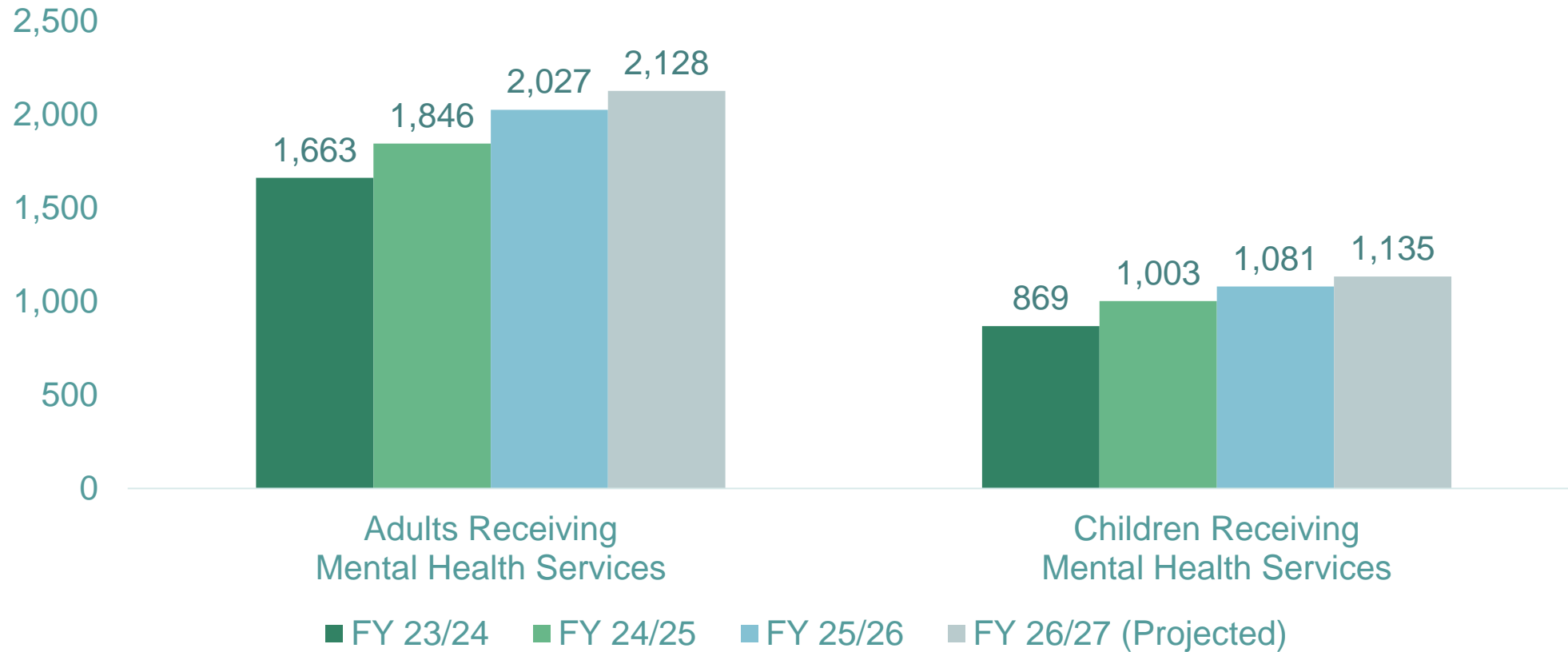
**Participated in Request for Proposal (RFP) review panel for Adult Full Service Partnership and Youth High Fidelity Wraparound**



**Site visits to Turning Point offices, Sierra Community House in Truckee, and Common Purpose Residential SUD Treatment**

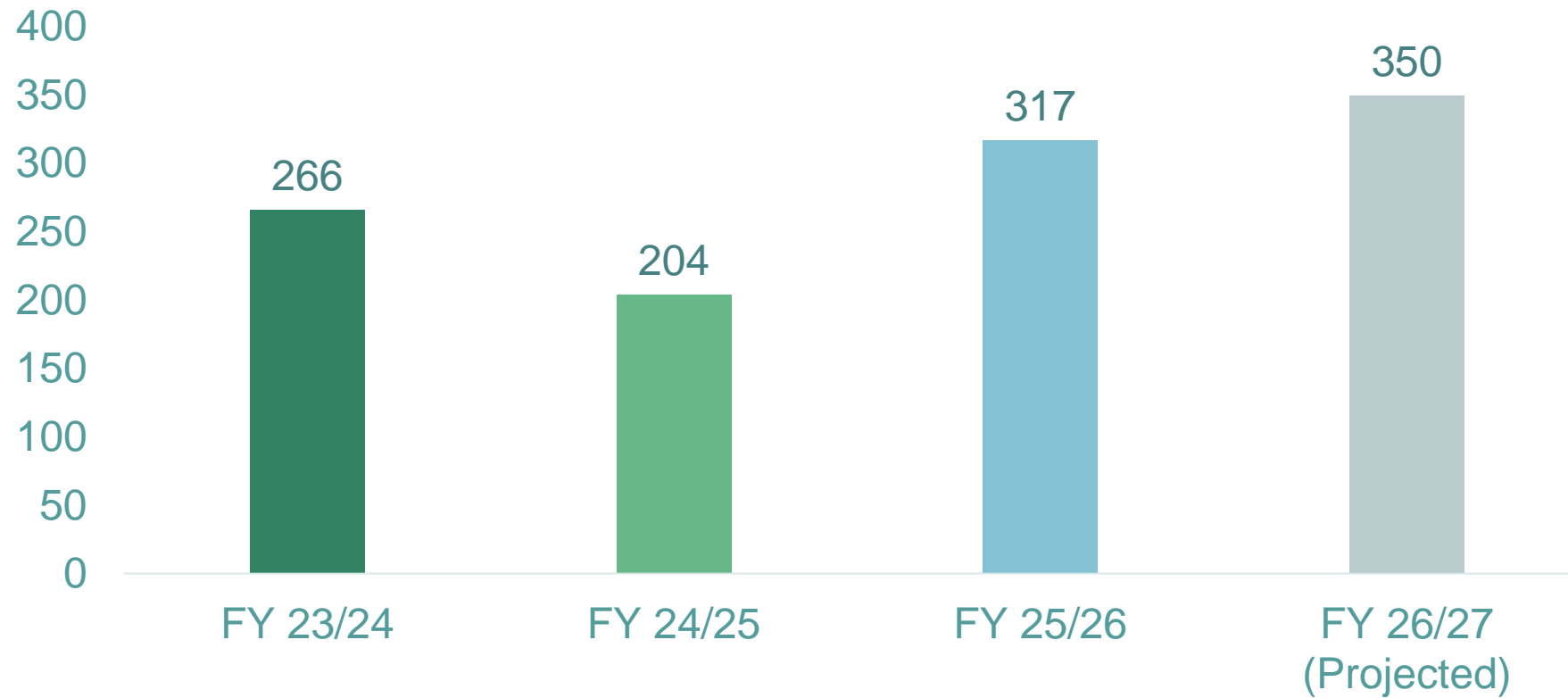
# Key Department Outcomes

## Individuals Receiving Mental Health Services



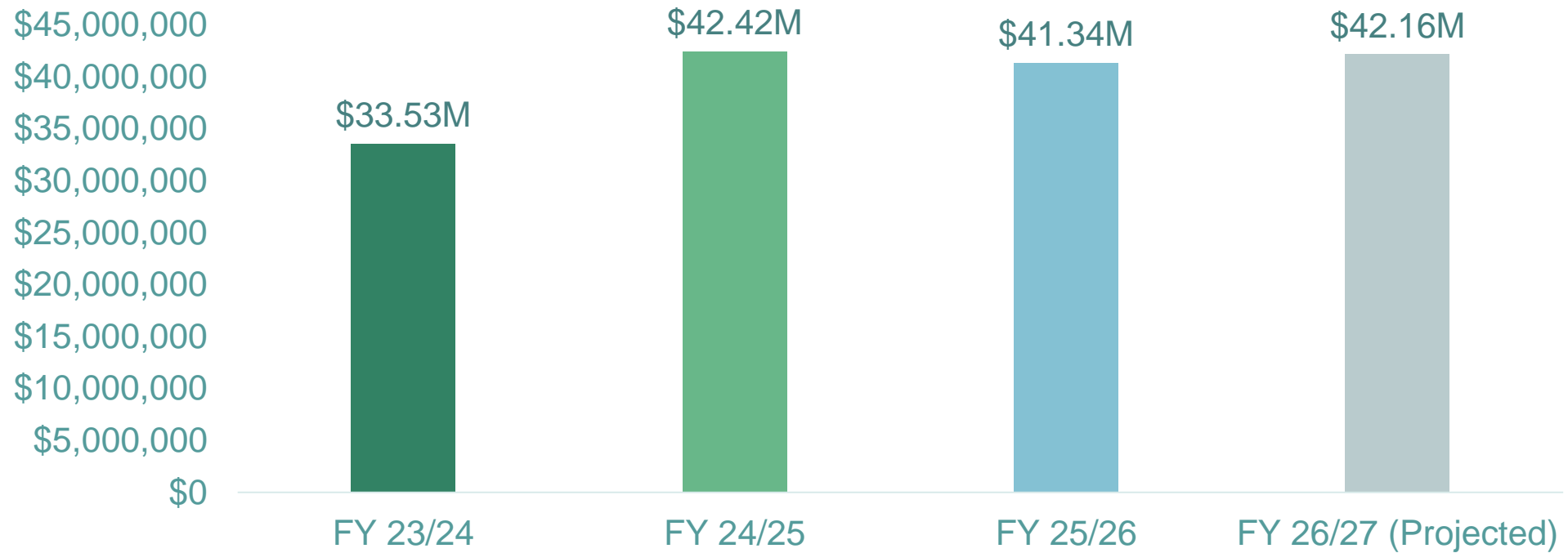
# Key Department Outcomes

## Individuals Receiving Substance Use Residential or Withdrawal Management Services



# Key Department Outcomes

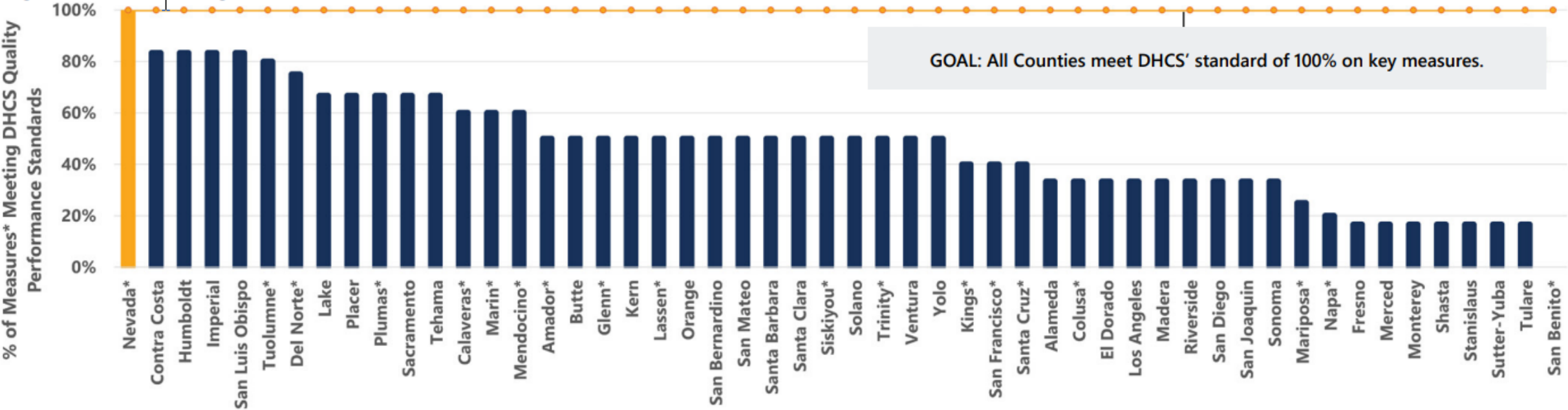
## Medi-Cal Billing



# Department Successes

- Nevada County excels in statewide measurements like audits and performance measures

Figure 2: MHPs Meeting the DHCS Standard MPL for 6 Select MHP Measures\* in Measurement Year 2024



# Department Successes - Facilities



- Received \$23 million grant through BHCIP to build a PHF/MHRC
- Launched Commons Resource Center in October 2025
- New shelter and interim housing in Truckee opened in February 2026
- Increased SUD Residential capacity – 27 beds of Lovett and 72 beds through new contract with Progress House



# Obstacles Facing Department

- Transition in Behavioral Health Leadership
- Potential Fiscal Impacts of HR1
- BHSA and BH Connect
- Continued Therapist Shortage
- Mobile Crisis Benefit Medi-Cal Match
- Increased Reporting and Administrative Burden



# May is Mental Health Awareness Month: Help break the stigma around mental illness!



# Mental Health Statistics



**Mental health challenges affect 1 out of 6 adults**

**50% of the population will experience a mental health challenge in their lifetime**

**Those with serious mental illness have 25 year shorter life expectancies**



**1 of 24 Californians have a serious mental illness**

# Community Behavioral Health Resources



**NEVADA  
COUNTY**  
CALIFORNIA

**Behavioral  
Health**





**MENTAL HEALTH  
MATTERS  
NEVADA COUNTY**



# MentalHealthMattersNC.com

Are you or someone you care about struggling emotionally and need help right now?  
Call the **Nevada County Crisis Line** at **(530) 265-5811** 24/7/365



[CRISIS SERVICES](#)

[GETTING HELP](#)

[GENERAL RESOURCES](#)

The screenshot shows a website interface with a background image of a snowy mountain landscape at sunset. A central white box contains the following elements:

- Question: "Are you in crisis?"
- Two buttons: "In-Person Crisis" (blue) and "Crisis Lines" (green).
- Text below the buttons: "Call / Text / Chat" (white text on a green background).
- Text below the buttons: "Population-Specific Crisis Lines" (underlined).

On the left side of the screenshot, there is a small white box with the text "EN ^".

# MentalHealthMattersNC.com

The screenshot displays the website's interface with three main sections:

- Crisis Lines**: A section titled "CRISIS SERVICES" with sub-sections for "CALL", "TEXT", and "CHAT".
  - CALL**: Includes "Nevada County Crisis Line: (530) 265-5811" and "24/7/365 local crisis line staffed by crisis counselors to provide support to individuals in crisis or access to additional mental health supports, including community referrals. Also the number for accessing the Mobile Crisis Team."
  - TEXT**: Includes "988 Lifeline Text", "National Crisis Line: 'HOME' to 746-7467 with 'HOME' to 746-7467 con la palabra (en Español)", and "Youth Crisis Text Line: 988-828-8444".
  - CHAT**: Includes "Nevada County Crisis Line: (530) 265-5811".
- School Wellness Pages and Resources**: A section with a heading and a paragraph: "If you are looking for school-based mental health resources, schools typically have webpages or school directories sharing information about mental health resources or how to get in touch with a school counselor. Typically these resources are at the district level, but some schools have their own resources as well. Below are some key links to mental health resources for schools in Nevada County." It lists:
  - Nevada Joint Union High School District
    - [NJUHSD Mental Health & Wellness Page](#)
    - [NJUHSD Wellness Guide](#)
  - Tahoe Truckee Unified School District
  - Lyman Gilmore Middle School
  - Grass Valley School District (Grass Valley Charter, Bell Hill Academy, Lyman Gilmore, Scotten Elementary)
- Other Youth Resources**: A section with a heading and a list:
  - Trusted adults/messengers
  - Promotion of school activities aimed at mental health/wellness
  - Parent
- Homeless Youth**: A section with a heading and a button for "Homeless Youth Services".
- Nevada County Superintendent of Schools**: A section with a heading and a button for "Homeless Youth Services".
- LGBTQ+**: A section with a heading and text: "Trevor Project Lifeline: 866-488-7386 / Text 678-678" and "24/7/365 phone and text support for LGBTQ+ community".

# Mobile Crisis Services



**Mobile Crisis Team**  
**24/7 Services**



**ARE YOU STRUGGLING?**  
**DO YOU NEED SUPPORT TO COME TO YOU?**

Please call:  
**530-265-5811**

 NEVADA COUNTY Behavioral Health  
CALIFORNIA

 Sierra  
Mental Wellness Group

- Available 24/7 to all individuals in Nevada County experiencing a behavioral health crisis
- Staffed by two behavioral health professionals specially trained to respond

# Crisis Stabilization Unit



- 4-bed facility located next to the Sierra Nevada Memorial Hospital Emergency Department
- Open 24/7 for 23-hour stays while stabilizing or coordinating psychiatric hospital stay



# Request: Resolution proclaiming May is Mental Health Awareness Month



- Appreciate the many partners supporting the mental health of our community
- Remind everyone to take care of their mental health
- Remember that it is ok to not be ok – reach out for help if you are having a hard time

# Questions?

## Mobile Crisis Team

24/7 Services



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