



NEVADA COUNTY
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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: March 14, 2017

TO: Board of Supervisors

FROM: Jill Blake

SUBJECT: Resolution accepting funds in the amount of \$175,922 for the renewal Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Mental Health Services (CMHS) Community Mental Health Services Block Grant (MHBG) Program for Fiscal Year 2016/17.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: The funding is from Federal Block Grant monies that are allocated to counties through the California Department of Health Care Services. Behavioral Health has been approved to receive \$175,922 for providing services targeted to people with co-occurring addictive and mental disorders. The continuation of this grant award helps support staff time, contract program development, and the related programs' expenses. There are no county general fund dollars required.

BACKGROUND:

It is widely recognized that people with co-occurring substance use and mental disorders are a large and significantly underserved population. These individuals experience multiple health and social problems and require services that cut across several systems of care, including substance abuse, mental and primary health care as well as a host of social services. A considerable portion of individuals with co-occurring disorders are homeless or involved with the criminal justice system. None of these systems on its own is well equipped to serve this population. A coordinated integrated approach that ensures both the mental illness and substance abuse problems are addressed in the treatment regimen has proven more effective in improving outcomes. To support these practices the department's Community Mental Health Services Block Grant Program includes the following components:

- **Component I Co-Occurring Disorder** - Case management and alcohol and drug staff from county and contracted providers coordinate services with trained peer counselors of SPIRIT Center. SPIRIT provides peer counseling services, alcohol and drug education, substance free socialization, a weekly co-occurring disorder group, stigma education and referral services. SPIRIT and Nevada County Behavioral Health (NCBH) cross refer people with SMI (Serious Mental Illness) and COD (Co-occurring Disorder) as a standard practice. NCBH recognizes that many hard to engage COD clients are initially more comfortable using services at SPIRIT's location. A portion of grant funds received will be used to support SPIRIT's rent as services provided by SPIRIT are offered in a homelike environment on five acres of land in an accessible and central location in Grass Valley.
- **Component II Truckee Intake/Assessment-** This component is based on the principle that individuals and low-income families struggling with serious mental health and substance use disorders who are not Medi-Cal eligible are entitled to quality treatment. Direct services are provided to families with members who are SMI (Severely Mentally Ill), SED (Severely Emotionally Disturbed), or have COD (Co-occurring disorders).
- **Component III Special Multi-Agency Resource Team (SMART) Team Coordinator/Therapist** – Children's System of Care (CSOC) – The SMART Coordinator/Therapist acts as a liaison between Truckee Behavioral Health and other agencies serving children. This therapist also provides direct services when indicated.
- **Component IV Mental Health Court** - This alternative court model serves as an effective and humane way to work with adults with SMI and COD in the criminal justice system with the goal of reducing recidivism and strengthening recovery.
- **Component V Crisis Insight Respite Center** – The Crisis Insight Respite Center (CIRC) was developed and implemented in Nevada County through a contract with Turning Point Community Programs (Turning Point) to help clients during an urgent psychiatric event, which many of these clients will be having a first episode of psychosis. Most of Turning Point's peer counselors have already been through their own first breaks of psychosis. Consequently, their high level of empathy, along with "talking the same language," can more effectively facilitate a client to consider starting psychiatric medications, as compared to professional staff in an institutional setting. The grant funds received will be allocated to the contract with Turning Point toward the cost of staff, rent, utilities, insurance and any residual costs for the CIRC.

Item Initiated and Approved by: Jill Blake, MPA, Acting Behavioral Health Director