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## NEVADA COUNTY BOARD OF SUPERVISORS

### Board Agenda Memo

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**MEETING DATE:** July 9, 2019

**TO:** Board of Supervisors

**FROM:** **Jill Blake**

**SUBJECT:** Resolution approving execution of Amendment #1 to Contract No. L905 with First 5 Nevada County Children and Families First Commission awarding \$25,000 annually for a total of \$75,000 for Fiscal Years 2017/18, 2018/19 and 2019/20 to the Public Health Department for Moving Beyond Depression Program Services to extend the Agreement term through June 30, 2021 and increase maximum award amount to \$100,000 (an increase of \$25,000 for FY 2020/21).

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** This revenue contract is funded by First 5 Nevada County Children and Families First Commission grant monies provided through the California Children and Families Trust Fund (pursuant to Health and Safety Code section 130100 et seq.). Funds will be used towards the department's related program expenses. There are no county general fund dollars required in the Agreement.

**BACKGROUND:** Nevada County has demonstrated capacity to further the Goals, Objectives and Strategies in the First 5 2015-2020 Strategic Plan and First 5 approved Nevada County's proposal at its meeting on February 1, 2017.

First 5 has awarded funding to the Public Health Department per Contract No. L905 for the Moving Beyond Depression Project. The County currently contracts with Every Child Succeeds in order to utilize their evidence-based program, Moving Beyond Depression. Moving Beyond Depression provides treatment for mothers experiencing maternal depression, leveraging home visiting services to reduce or eliminate their depression and help them create a healthy home environment.

Under this Agreement with First 5, the Nevada County Public Health Department will:

- 1) Contract with Every Child Succeeds to use the licensed Moving Beyond Depression curriculum.
- 2) Provide Moving Beyond Depression Program services for 20 to 30 women per year who are assessed as experiencing maternal depression.
- 3) Provide up to 15 in-home cognitive-behavioral therapy sessions and a 16th booster session with a licensed therapist per client.

The Amendment before you today extends the award term for an additional year through June 30, 2021. It is recommend that the Board approve the Amendment #1 to the First 5 Nevada County Children and Families First Commission Award as it allows for the continuation of support services that help to reduce or eliminate maternal depression and help mothers create a healthy home environment.

**Item Initiated and Approved by: Jill Blake, MPA, Director of Public Health,**