



**NEVADA COUNTY**  
**HEALTH & HUMAN SERVICES**  
**AGENCY**

**Health & Human Services**  
**Agency Director**  
**Michael Heggarty, MFT**

**Behavioral Health Director:**  
**Rebecca Slade, MFT**

**BEHAVIORAL HEALTH DEPARTMENT**  
**(Mental Health, Drug and Alcohol Program)**

**Behavioral Health Medical Director:**  
**Aubrey Eubanks, M.D.**

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY CALIFORNIA 95945  
10075 LEVON AVE., STE 204 TRUCKEE, CALIFORNIA 96161

TELEPHONE (530) 265-1437  
FAX (530) 271-0257  
TELEPHONE (530) 582-7803  
FAX (530) 582-7729

**NEVADA COUNTY BOARD OF SUPERVISORS**  
**Board Agenda Memo**

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**MEETING DATE:** June 28, 2016  
**TO:** Board of Supervisors  
**FROM:** **Rebecca Slade**  
**SUBJECT:** Resolution authorizing execution of a renewal contract with Sierra Forever Families for the provision of comprehensive Specialty Mental Health Services, Family Preservation and In-Home Supportive Parent Training Services primarily targeted to serve pre- and post-adoptive and guardianship children and their families in the maximum amount of \$653,882 for Fiscal Year 2016/17.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Multiple funding sources are braided together to support these key programs. Services are mainly funded by Medi-Cal Federal Financial Participation (FFP) and 2011 Realignment funds for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT). Additionally, the contract is supported by PSSF (Promoting Safe and Stable Families) annual allocation monies received from the California Department of Social Services, Office of Child Abuse Prevention (OCAP). The services were planned for in the department FY 2016/17 budget and the Agreement requires no county general fund dollars.

**BACKGROUND:**

Under the current contract, Sierra Forever Families provides comprehensive specialized mental health and rehabilitation services for children and youth. The primary target population is pre- and post-adoptive and guardianship children and families. The service area includes both Eastern and Western Nevada County. Services focus on issues related to trauma and permanency for those children who have been removed from birth families.

This population is at risk for a range of mental health illnesses and social-emotional behavioral difficulties stemming from negative pre-adoptive experiences. Some of the more common mental health problems that these particular children/youth may be prone to include: depression, learning/attention problems, low self-esteem, social or peer-related problems, Attention Deficit Disorder, lingering effects of trauma, attachment issues, and risky behavioral problems including alcohol/drug abuse and self-destructive behavior.

Additionally, the contract includes Family Preservation and In-Home Parenting Services. The Family Preservation Program is a multi-disciplinary approach to ensure that families at risk of child abuse and/or neglect or mandatory CPS intervention, can stay together. The program services are managed and authorized by Behavioral Health; however Child Protective Services works closely with the Contractor.

Referrals may come from Nevada County Child Protective Services (CPS) after originating from schools, community partners, and the CPS Program. All referrals originating from a source other than Child Protective Services must be approved by CPS designated staff prior to Contractor providing services. The Contractor provides a multi-disciplinary team as the core of this program's service delivery system, consisting of Family Preservation Workers, a Public Health Nurse, a Clinical Therapist, a parent mentor, an Intake Worker, and a Program Supervisor.

It is recommended the Board approve this Agreement as it provides for a comprehensive, integrated approach for services that promotes child development and improves outcomes for the successful integration into an adoptive family or guardianship situation as well as encourages family preservation and family reunification when appropriate.

**Item Initiated and Approved by:** Rebecca Slade, MFT, Director of Behavioral Health