



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: December 17, 2019

TO: Board of Supervisors

FROM: **Phebe Bell**

SUBJECT: Resolution approving execution of Amendment No. 1 to the renewal contract with Common Goals, Inc. for the provision of outpatient rehabilitative treatment services for the recovery and treatment of alcohol/drug dependency to 1) increase the Maximum Contract Price from \$510,688 to \$713,526 (an increase of \$202,838); 2) revise Exhibit "A" Schedule of Services to reflect an increase in Recovery Residence service and the addition of interim services, and 3) revise Exhibit "B" Schedule of Charges and Payments to reflect the increase in the maximum contract priced for the term of July 1, 2019 through June 30,2020. (RES. 19-305)

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Funding is provided through Drug Medi-Cal Federal reimbursement, Substance Abuse Block Grant monies, 2011 Realignment, a Health Management Associates Inc. grant and reimbursement from Probation and Social Services for participants referred through their department. A budget amendment will be included in the next County Wide Budget Amendment. There are no county general fund dollars required in the Agreement.

BACKGROUND: Per Resolution No 19-305, Common Goals provides education and treatment services to persons affected by the disease of alcoholism and/or drug addictions. Under this Agreement, the Contractor will continue to provide outpatient rehabilitative treatment services for Medi-Cal Beneficiaries for the recovery and treatment of alcohol/drug dependency. The service program will be for adults (over the age of eighteen) both males and females; and adolescents both males and females, offering individual and group outpatient rehabilitation services for authorized county

clients. Services also include participants referred through the Nevada County Probation Department and Child Welfare.

Each client receives individual counseling, which is face-to face contact between the client and the therapist or counselor. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services and crisis intervention. Group counseling means face-to-face contacts in which one or more counselors treat two or more clients, up to a total of twelve clients, at the same time, focusing on needs of the individuals served. Sessions focus on overcoming substance abuse related obstacles to achieve short-term personal, family, job/school and other goals.

Family Counseling will be made available to participants whenever issues such as interpersonal and/or family relationships present themselves as possible barriers to the successful treatment of the individual. The Contractor will provide direct therapeutic counseling services to families referred for substance abuse issues.

The Contractor also provides Intensive Outpatient Treatment (IOT) which consists of alcohol and drug treatment services (intake, individual counseling, group counseling, patient education, family therapy, medication services, collateral services, crisis intervention, treatment planning, and discharge services) in a non-residential setting.

Through grant funding, the contractor provides individual and group education, individual counseling and case management services to link individuals with substance use disorders to appropriate after care.

Additionally, through grant funding, the contractor provides Recovery Residences for individuals authorized by the County. Recovery Residences provide an affordable clean and sober supported living environment where individuals can rebuild their own housing and employment resources while still participating in a lower level of care.

It is recommended that the Board approve this Amendment as it will add Substance Abuse Block Grant funding to address increased service needs related to Recovery Residences, a critical element of the services provided to help homeless individuals and families achieve and maintain sober, clean, healthy, rewarding lifestyles and to end the repeated cycles of substance abuse addiction. Substance Abuse Block Grant funding is also added to support individuals who have a lapse in insurance coverage where services are necessary.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health