



**NEVADA COUNTY  
HEALTH & HUMAN SERVICES  
AGENCY**

**Health & Human Services  
Agency Director  
Ryan Gruver**

**Behavioral Health Director:  
Phebe Bell, MSW**

**Behavioral Health Medical Director:  
Aubrey Eubanks, M.D.**

**BEHAVIORAL HEALTH DEPARTMENT  
(Mental Health, Drug and Alcohol Program)**

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY CALIFORNIA 95945

10075 LEVON AVE., STE 204 TRUCKEE, CALIFORNIA 96161

TELEPHONE (530) 265-1437

FAX (530) 271-0257

TELEPHONE (530) 582-7803

FAX (530) 582-7729

## **NEVADA COUNTY BOARD OF SUPERVISORS**

### **Board Agenda Memo**

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**MEETING DATE:** October 8, 2019

**TO:** Board of Supervisors

**FROM:** **Phebe Bell**

**SUBJECT:** Resolution approving execution of a renewal personal services contract with Turning Point Community Programs, Inc. for the provision of Mental Health Services Act (MHSA) Respite Insight Center Services in the maximum amount of \$612,602 for the term of July 1, 2019 through June 30, 2020.

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**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Services are funded by Medi-Cal Federal Financial Participation (FFP) and Mental Health Services Act (MHSA) monies. Services are within the department's FY 2019-20 budget and there are no county general fund dollars required in the Agreement.

**BACKGROUND:**

Under this Agreement, Turning Point Community Programs will continue operate the Respite Insight Center which houses an ongoing caseload of four (4) qualified clients.

The Respite Insight Center is the product of the County and its stakeholders having identified a need to develop an alternative to inpatient hospitalization for individuals experiencing a mental health crisis. For years, stakeholders have advocated for the expansion of the County's crisis continuum of care to include the development of a respite care center where individuals can receive temporary housing and supportive counseling services. The County's receipt of SB 82

State funding, supplemented by MHSA Community Services and Support (CSS) funds, were utilized to develop and implement a respite care center that has four (4) beds and operates 24 hours per day, 7 days per week (24/7). This center is peer-run, in coordination with clinical support and is called the Respite Insight Center.

Turning Point provides the facility and program staffing for this Center. Participants are offered an opportunity to utilize respite support up to 14 days. If individuals need additional time at the center, the Center team will document, consider requests, and may authorize additional days. The maximum length of stay is 28 days per admission. The participants are also linked to valuable community resources to support their recovery once they leave the Center. The target population served by this center are residents of Nevada County and Sierra County who are over the age of 18 years, have a mental illness, and as a result of the disorder the individual is at risk of needing a higher level of care, including possible placement in a facility such as a: psychiatric hospital, an Institute of Mental Disease (IMD), Mental Health Rehabilitation Center (MHRC), or Crisis Stabilization Unit, or the individual has recently been discharged from one of these placements, or is experiencing a first episode or re-emergence of a psychotic break.

It is recommended the Board approve this renewal contract, as the Respite Insight Center offers a safe and supportive environment for persons at risk of needing mental health crisis services in a less restrictive environment than a hospital or Crisis Stabilization Unit as well as minimizing usage of inpatient hospitalization days, and decreasing clients' involvement with the justice system.

**Item Initiated and Approved by:** Phebe Bell, MSW, Director of Behavioral Health