

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

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BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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July 11, 2023

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE:

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of a renewal Contract with Granite Wellness Centers for the provision of Perinatal and Non-Perinatal Outpatient Drug Free Treatment (ODF) and Intensive Outpatient Treatment (IOT) Services; Comprehensive Residential Treatment Program Services including withdrawal management for the recovery of substance use disorders; and Substance Abuse Prevention Services to residents of Nevada County in the maximum amount of \$3,238,482 for fiscal year 2023/24.

RECOMMENDATION: Approve the attached Resolution.

<u>FUNDING</u>: Contract services are supported by: Federal SABG (Substance Abuse Block Grant) funds; 2011 Realignment; Community Based Transitional Housing (CBTH) Grant Funding; Court generated Statham funds; Drug Medi-Cal Federal reimbursement; Supportive and Therapeutic Options Program (STOP) funds and funds made available from the Probation and Social Services Departments. Services are within the Department's FY 2023/24 budget. There are no county general fund dollars required in the contract.

BACKGROUND:

Under this Contract, Granite Wellness Centers is to provide services related to substance abuse prevention and treatment for Nevada County residents. The contract includes the following components:

Full spectrum of Perinatal and Non-Perinatal Services within the modalities of Outpatient Drug Free (ODF) Treatment and Intensive Outpatient (IOT) Treatment; Residential Treatment, Transitional and Withdrawal Management Programs; Prevention and Outpatient Treatment Programs; Ancillary Services and Recovery Residences

Perinatal Program Services:

The Perinatal Program provides coordinated substance abuse intervention and treatment services complimented with health care and pertinent ancillary services to pregnant and parenting women of Nevada County. Treatment includes Outpatient Drug Free Treatment (ODF) and Intensive Outpatient

Treatment (IOT) in a non-residential setting. The program includes services such as substance abuse counseling and education; individual, group and family counseling; sexual and physical abuse counseling parenting education; HIV/AIDS, TB and Hep C education and access to testing, and individualized written treatment plans for each participant to address their identified problems with treatment goals for corrective action steps. These programs include transportation and childcare while women are in counseling and are offered at least three days per week as outpatient services.

Outpatient Drug Free (ODF) and Intensive Outpatient Treatment (IOT) for Adult and Adolescent beneficiaries:

Outpatient services are counseling, group counseling, collateral and case management services provided to beneficiaries (up to 9 hours a week for adults and 6 hours a week for adolescents). Intensive Outpatient services are structured programming services including individual counseling, group counseling, collateral services, and case management provided to beneficiaries for a minimum of 9 hours per week up to 19 hours per week for adults and from 6-19 hours per week for adolescents. Youth treatment services for adolescents ages 12-17 are provided following the current Youth Treatment Guidelines issued by the Department of Health Care Services.

Residential Treatment and Withdrawal Management Programs

Contractor provides 24 hours / 7 days per week residential programs. The Contractor's residential treatment and withdrawal management programs provide comprehensive treatment services to adult men and women, over the age of 18, in a carefully structured and supportive environment with a high degree of accountability and integrated continuum of care that focuses on each unique individual and his/her family system. Granite Wellness operates three fully licensed residential facilities, all of which also have licenses for withdrawal management services. Grass Valley Campus - Hope House / Serenity House are licensed and certified by the Department of Alcohol and Drug Programs (ADP) to serve up to 40 adult women/men with up to 10 children. The program is also approved for detoxification services. The Lovett Recovery Center/Bost House is licensed by the Department of Alcohol and Drug Programs to serve up to 19 adult women/men.

The Grass Valley Campus on Sierra College Drive is a wellness center focused on substance abuse recovery and mental health. The Auburn Campus – Residential/Detox facility is licensed and certified by the State to serve up to 25 adult men and women.

Recovery Residences:

Contractor provides Recovery Residences for individuals authorized by the County. Recovery Residences are safe, clean, sober living environments for individuals who have completed or who are currently enrolled in substance use disorder treatment. These supportive living environments promote individual recovery through positive peer-group interactions among house members and staff. Recovery Residences are affordable and alcohol/drug free. They allow residents to continue to develop their individual recovery plan and to become self-supporting.

It is recommended the Board approve this Contract as these contracted services provide a cohesive system for Substance Use Disorder intervention, assessment, treatment and recovery that enhances the well-being of individuals and families which helps to achieve and maintain healthy and rewarding lifestyles for individuals and families.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health