

## Health and Human Services Agency

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## **DEPARTMENT OF SOCIAL SERVICES**

## NEVADA COUNTY BOARD OF SUPERVISORS

**Board Agenda Memo** 

November 12, 2024 **MEETING DATE:** 

TO: **Board of Supervisors** 

**FROM:** Rachel Peña

**SUBJECT:** Resolution approving execution of Amendment No. 1 to the Contract with

Sierra Family Therapy Centers, Inc. for the provision of psychotherapy services for the veteran population of Nevada County to revise Exhibit "B", Schedule of Charges and Payments to reflect the additional rate schedule of \$155 for the intake and proper placement of clients for the term of July 1, 2024 through June 30, 2025. (RES. 24-381)

**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** The State allotted Mental Health Services Act (MHSA) Prop 63 to the California Department of Veterans Affairs (CDVA) to enhance the effectiveness of referrals to County Veteran Service Offices (CVSO) for veterans who present with mental health issues. Services will be funded from CSS (Community Services and Supports) dollars received from the State as a component of the County's approved Mental Health Services Act (MHSA) Plan. Contract services were planned for in the FYs 2024/25/26 Department budget. There are no county general fund requirements for this amendment.

**BACKGROUND:** On July 9, 2024, per Resolution 24-381, the Nevada County Board of Supervisors approved execution of the Professional Services Contract with Sierra Family Therapy Centers, Inc. for psychotherapy services for the veteran population of Nevada County. Sierra Family Therapy Center performs mental health outreach throughout the County and provides therapy to veterans and their family members. Through partnership with multiple divisions of Nevada County Department of Social Services (DSS), Nevada County Department of Behavioral Health, Nevada County Court System, community-based organizations, and local hospitals, the Veterans Outreach & Wellness Program continues to connect veterans to appropriate services for support and treatment. This amendment of including an intake interview cost of \$155 will provide opportunities to ensure that the veterans mental health needs are met and that the veteran is connected to the proper therapist. This inclusion does not add or decrease the total value of contract.

It is recommended that the Board approve this amendment, as the services provided assists veterans with obtaining access to free and confidential mental health services when access to VA mental health resources is limited locally.

**Approved by:** Rachel Peña, LCSW Director of Social Services