

COVID-19 UPDATE

June 23, 2020

Jill Blake, Public Health Director

Dr. Ken Cutler, Public Health Officer



Where we are in rolling out of the State's Resilience Roadmap

COVID – Current Data

Presentation Overview Back to the Basics

Face Coverings

Contact Tracing

Questions







STAGE 1: Safety and preparedness

Make workplaces safe for our essential workers.



STAGE 2: Lower-risk workplaces

Gradually reopen retail (curbside only), manufacturing & logistics. Later, relax retail restrictions, adapt & reopen schools, child care, offices & limited hospitality, personal services.



STAGE 3: Higher-risk workplaces

Adapt and reopen movie theaters, religious services, & more personal & hospit ality services.



STAGE 4: End of Stay Home Order

Reopen areas of highest risk: e.g. Concerts, conventions, sports arenas.

RESILIENCE ROADMAP

(https://covid19.ca.gov/roadmap/)



Stage 3: Higher-Risk Workplaces

Process

- 1. Phase in higher-risk workplaces, beginning with limited personal care and recreational venues
- 2. Monitor critical indicators and alter scope of reopening if necessary to protect public health and safety
- 3. State releases guidance addressing <u>how</u> business can reopen
- 4. Local Health Officer determines <u>when</u> businesses can reopen <u>after</u> reviewing epidemiological data
- 5. NCPHD updates its Reopen Nevada County Plan
- 6. Businesses reopen after modifications are made and individual plans are in place

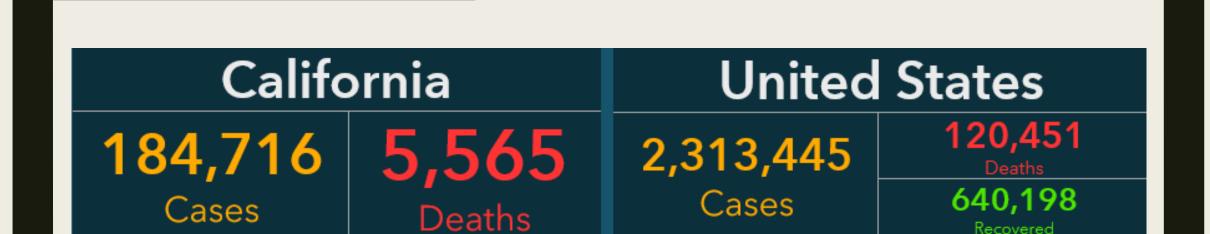


Stages 2-3: Sectors Currently Allowed to Reopen in Nevada County

Day Camps General Business, Office **Gyms and Fitness Centers** Hair Salons and Barbershops Hotels (for tourism) Manufacturing Movie Theaters and Family Entertainment Centers Music, Film, and TV Production **Personal Services Personal Care Services** Places of Worship Professional Sports (w/out live audiences) Restaurants Retail Schools and Daycare **Tribal Casinos** Wineries and Bars Zoos and Museums



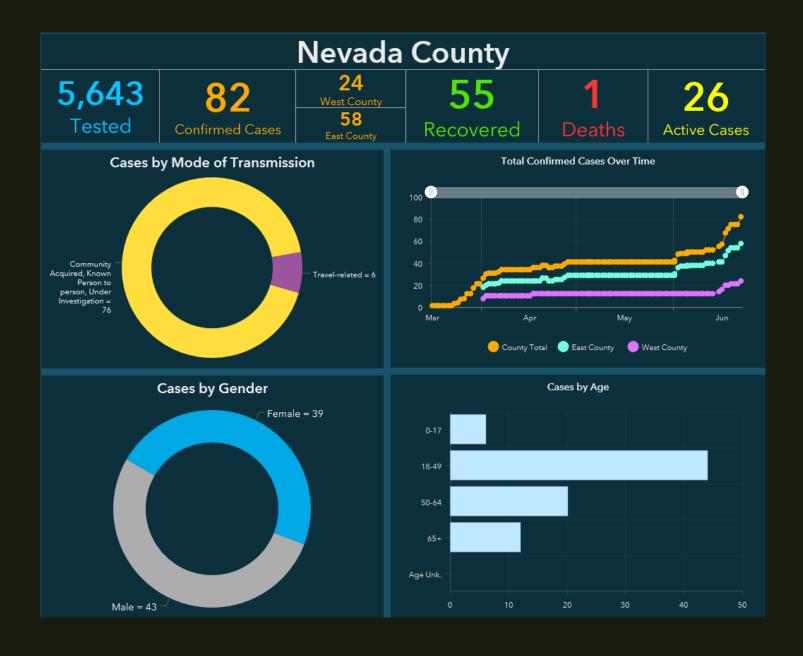
COVID-19:
BY THE
NUMBERS



COVID-19: STATE AND NATIONAL

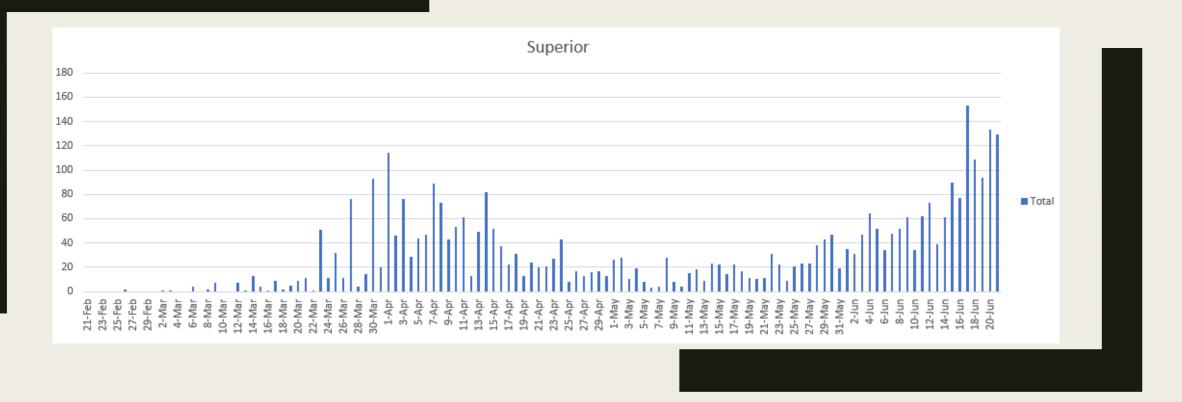
AS OF 06/22/20





COVID-19: NUMBERS AND TRENDS IN NEVADA COUNTY AS OF 06/22/20





COVID-19: NUMBERS AND TRENDS IN THE SIERRA – SAC VALLEY REGION

AS OF 06/21/20



- Physical/social distancing 6 ft.
- Hand washing 20 seconds
- Face coverings when in public and likely to encounter others
- Get rest and maintain a healthy lifestyle to keep your immune system strong
- Stay home when you are sick
- Patronize businesses that have taken appropriate measures to decreases risk of infection
- Protect those most susceptible to serious illness
- Avoid nonessential travel and gatherings





State Guidance on Face Coverings

- Cloth face coverings or masks can help reduce the spread of coronavirus especially when combined with physical distancing and frequent hand washing.
- Starting June 18, Californians must wear face coverings in common and public indoor spaces and outdoors when distancing is not possible. Learn more about the guidance and limited exceptions at https://www.cdph.ca.gov/Programs/CID/DCDC/CD
 PH%20Document%20Library/COVID-19/Guidancefor-Face-Coverings 06-18-2020.pdf





Guidance Highlights

- Our collective actions matter
- We continue to learn about COIVD-19
- The use of face coverings can limit the number of infected droplets when speaking, coughing, sneezing
- To be worn in high-risk situations, including:
 - Inside or in line to enter any indoor public space
 - Obtaining healthcare services
 - Public transit and private car service
 - Workplace





Contact Tracing

Is a simple concept that is vital to stopping the spread and/or stopping the pace of infectious diseases including Measles, Ebola, and COVID-19.

When done correctly, it can save lives by helping us diagnose patients earlier, improving the likelihood they'll access the care they need and reducing the chance they'll spread the virus to others.



Here's How it Works:

#1: Once a patient is confirmed to have COVID-19, this patient becomes an "Index Case."





#2: A public health nurse reaches out to this person and talks with them to check on how they are doing, assist them with any immediate needs they may have, including access to health care, food, and other resources.

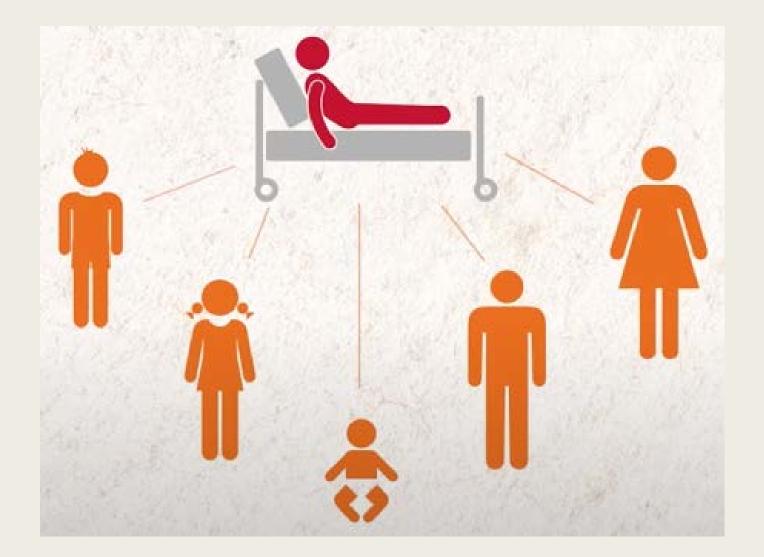
Through conversation, the nurse then works with the patient to identify who may have been exposed to the virus while they were infectious.





#3: Then the nurse calls and talks with the patient's close contacts and screens them for symptoms of disease.

Close contacts are placed in quarantine and are asked to monitor their health and watch for symptoms. Public health staff check in with them daily either via phone or text.





#4: If a contact shows symptoms of the disease, they are then considered a "suspected case" and will be tested for the disease and placed into isolation.

If the disease is confirmed through lab testing, then this patient's contacts will be traced and screened for symptoms of disease as well. Hopefully, the quarantine will have prevented the number of close contacts.



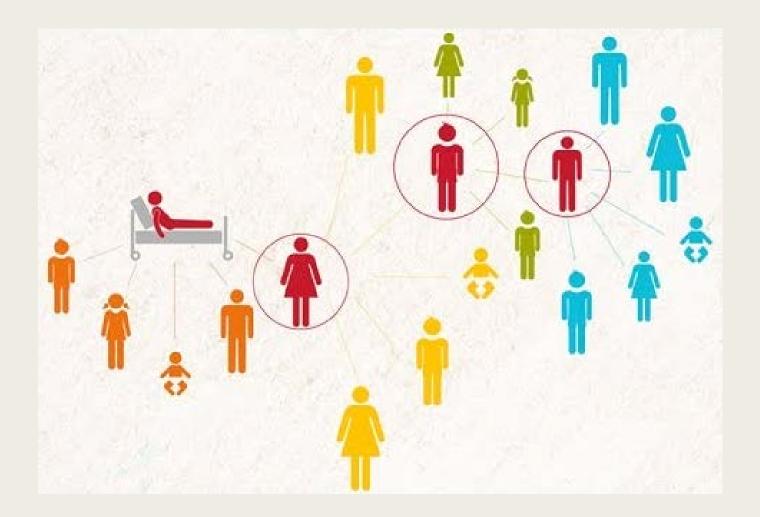


■ If a contact **does not** show signs or symptoms of the disease, they will still be monitored by a nurse for the duration of the quarantine period, which is the length of the disease's incubation period. For COVID-19, that period is 14 days.





This process will continue until all potential cases are identified.







QUESTIONS?