



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: November 12, 2019

TO: Board of Supervisors

FROM: **Phebe Bell**

SUBJECT: Resolution approving execution Amendment No. 1 to the renewal contract with SPIRIT - Peers for Independence and Recovery, Inc. for operation of SPIRIT's Mental Health Peer Empowerment Center and related services for the enhancement and expansion of services to meet unmet community needs as a component of the County's Mental Health Services Act (MHSA) Plan to 1) increase the Maximum Contract Price from \$160,944 to \$185,144 (an increase of \$24,200); 2) revise Exhibit "A" Schedule of Services to include increased administrative and direct client services, and 3) revise Exhibit "B" Schedule of Charges and Payments to reflect the increase in the maximum contract price for the term of July 1, 2019 through June 30, 2020. (RES. 19-301)

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Services are fully funded from MHSA (Mental Health Services Act) monies made available to Behavioral Health. The Mental Health Services Act (Proposition 63) provides an ongoing revenue source for the transformation and enhancement of mental health services as provided by State and County agencies. Services are included in the Department's fiscal year 2019/20 budget. There are no county general fund dollars required in the Agreement.

BACKGROUND: Per Resolution 19-301, the Board of Supervisors approved the renewal contract with SPIRIT - Peers for Independence and Recovery, Inc for the enhancement and expansion of services to meet unmet community needs as a component of the County's MHSA Community Services and Supports (CSS) Plan. Under this agreement SPIRIT, will continue to:

- ❖ Provide One-on-one Peer Counseling for those over eighteen years of age, offering a number of theme-specific peer support/self-help groups geared to strengthen recovery. Services are provided without cost to clients in a confidential, emotionally safe, client-centered environment. Individual peer support is available on a drop in basis. Services are available to individuals who may be unable or unwilling to access traditional services, or cannot otherwise afford counseling or psychotherapy.
- ❖ Provide Outreach to both the unserved and the underserved individuals with mental health difficulties that will promote healing through a supportive environment that provides support, empowerment and the development of life skills to reduce their personal suffering and increase their quality of life.
- ❖ Provide training to Peer Support Staff and individuals that seek to empower themselves in interacting with the media, potential employers and other community agencies. Participants will be provided instruction and assistance to learn how to compile a resume, participate in a job interview, conduct and organize fundraising events, create brochures and marketing tools, and ultimately enable individuals to interact with the business community.
- ❖ Provide services that support existing mental health services and reach out to the community to provide education regarding mental health services and mental health illness to reduce the stigma associated with mental illness.
- ❖ Provide referrals to community resources, including mental health services and support individuals to connect to referred resources.

In addition, with the supplemental funding included in this amendment, Spirit will improve their ability to raise operational funds outside of their County contract and improve their capacity to serve a high needs clientele, particularly their clients who are experiencing homelessness. Spirit will increase their administrative and direct client services in the following specific ways:

- ❖ Increased peer support case management, ensuring that all participants receive an initial intake and two One-on-One support session per month
- ❖ Increased marketing, outreach, fundraising and grant collaboration as follows:
 - Connecting with 3 community agencies per month
 - Building deeper partnerships through strong meeting participation and collaboration
 - Participating in at least 1 collaborative grant per year
 - One open house annually
 - Having a presence at 3+ public events
- ❖ Hold two major fundraising events/activities per year and 2 fundraising letters (spring and winter) to support and implement our FY 19-20 service goals.
- ❖ Improve HMIS data collection for collaboration with partnering non-profits serving the Homeless
- ❖ Continued peer training for staff to stay up-to-date with evidence-based programs and Peer Support strategies and skills

It is recommended that the Board approve this amendment as it will support Spirit in meeting critical community needs effectively through investment in an innovative program that works to increase access to the underserved, helps to improve outcomes for participants, promotes education and individual advocacy and provides resource and referral guidance.

Item Initiated and Approved by: Phebe Bell, MSW – Behavioral Health Director