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### Instructions

You may fill out this application on-line by tabbing between fields and selecting the green Submit at the bottom once complete.

If you prefer to submit a paper application you can select the Print button at the bottom of the page. Printed applications require an original signature and date noted. Any additional documents will need to be attached and then mailed to the address at the bottom of the form.

Must be a resident of Nevada County to apply.

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### Profile

#### Which Boards would you like to apply for?

Area 4 Agency on Aging Advisory Council: Submitted

#### Incumbent?

Yes  No

Annie

First Name

Mikal Heine

Last Name

Home Address

Suite or Apt

Nevada City

City

CA

State

95959

Postal Code

#### Mailing Address (if different from residence)

#### Supervisorial District 1 through 5 (Available from Election Office, 265-1298)

District 1

#### Time(s) available to attend meetings (days, evenings, etc.)

Monday - Friday 9am -3pm Evenings Monday, Tuesday, Thursday

Email Address

Home:

Primary Phone

Home:

Alternate Phone

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### Interests & Experiences

**Experience:** A resume, or additional sheets, may be attached containing any information that would be helpful to the Board in evaluating your application.

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### Education/Employment Experience

I have a Bachelor's degree in Sociology from Illinois Wesleyan University. Currently I am the Program Manager for FREED's Grass Valley office and have been employed in this role since February of 2020. Prior to my time at FREED, I worked for 7 years for Sierra Nevada Memorial Hospital Foundation's Alzheimer's Outreach Program, and I coordinated community classes and support for local caregivers. I moved to Nevada County in 2011 from Berkeley, Ca. While living in Berkeley, I served as Program Director for the Alzheimer's Services of the East Bay, an Adult Day Health Care facility. I have also previously worked with homeless youth, foster youth and runaways, as well as in domestic violence shelter services.

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### Community Experience and Affiliations

I have served as a volunteer board member for Helping Hands Adult Day program in Penn Valley, and coordinated their Community Advisory board for several years. I have also been an active member of the Elder Care Provider's Coalition since 2011, and currently in my role at FREED, I host the monthly Nevada County Aging and Disability Resource Connection Advisory meetings also know as the "CLiC" - Community Living Implementation Council. I previously volunteered for the Alzheimer's Association as a caregiver support group facilitator.

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### List any other County boards, commissions, or committees on which you have served:

I am currently serving on Nevada County's Adult and Family Services Commission.

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### Other experience you feel would be helpful to the Board of Supervisors in making this appointment:

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### References: Please list two references with telephone numbers

Ana Acton - [REDACTED] Kimberly Parker - [REDACTED]

[Anne Mikal-Heine Resume-2022.doc](#)

Upload a Resume

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Additional Attachments

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### Agreement

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**Applicants may be required by State Law and County Ordinance to file a financial disclosure statement as part of the appointment process. The form may be viewed at <http://www.fppc.ca.gov>. An Oath of Office will be required upon appointment. I have reviewed the Financial Disclosure Statement requirement.**

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I Agree

Applications must be filed with:

**Clerk of the Board of Supervisors - County of Nevada**

**950 Maidu Ave.**

**Nevada City CA 95959-8617.**

This application is a public document.

**Document-16360 Rev 1/2008**

# Annie Mikal-Heine

[REDACTED] Nevada City, CA 95959  
[REDACTED]

## EDUCATION

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ILLINOIS WESLEYAN UNIVERSITY  
BA. Sociology

1999 - 2003

## NEVADA COUNTY COMMUNITY INVOLVEMENT

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HELPING HANDS ADULT DAY PROGRAM- Penn Valley, CA *Board Member 2013-Present*  
ELDER CARE PROVIDERS COALITION- Grass Valley, CA *Secretary & Member 2011- Present*  
ALZHEIMER'S ASSOCIATION- Grass Valley, CA *Support Group Facilitator 2011-2013*

## EMPLOYMENT

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PROGRAM MANAGER- Grass Valley, CA 2020- PRESENT  
*FREED Center for Independent Living*

- Manage Grass Valley office and programs to serve people with disabilities and older adults
- Supervise 11 staff members who provide resource navigation and assistance accessing supports and services to increase and/or maintain independence in the community
- Manage Friendly Visitor/ Phone Reassurance program, Traumatic Brain Injury program, Housing Disability Advocacy Program, and Transitions from Hospital and Nursing Facility-to-Home programs.
- Coordinate Nevada County's Aging and Disability Resource Connection (ADRC) designation in partnership with the Agency on Aging Area 4.
- Facilitate monthly Aging and Disability Resource Connection advisory meetings – also known as the "CLiC" Community Living Implementation Council.
- Created a grocery delivery program in partnership with the Food Bank in response to COVID-19 pandemic

EDUCATION AND OUTREACH COORDINATOR- Nevada City, CA 2012- 2020  
*Sierra Nevada Memorial Hospital Foundation- Alzheimer's Outreach Program*

- Coordinating the "Yes I Can" and "Remember Me" educational courses for caregivers
- Community outreach, education events and collaboration to enhance services and support for Alzheimer's patients and their families
- Creating new volunteer Peer Support Program for Alzheimer's caregivers

PROGRAM DIRECTOR- Grass Valley, CA 2012- 2015  
*School of Care- CNA Training Program*

- Launching and directing the School of Care's Nurse Assistant Training Program
- Designing and implementing program policy and procedures; including creating program manual, enrollment forms, and training materials
- Hiring and supervising RN course instructor
- Coordinating clinical training portion of the program with a local skilled nursing facility
- Recruiting and enrolling students; working with local One Stop and community donors to assist with financial aid

CARE COORDINATOR- Auburn, CA 2011 - 2012  
*Always Best Care Senior Services*

- Coordinating in-home care for seniors needing assistance. Meeting with families, assessing care levels, connecting with community resources, and scheduling caregivers
- Developing relationships with potential referral sources and networking with local senior services to coordinate care within our community
- Providing knowledgeable assistance and placement services for seniors considering a move to an independent or assisted living community or a residential care home

- PROGRAM DIRECTOR- Hayward, CA 2008 - 2010  
*Alzheimer's Services of the East Bay*
- Directing an Adult Day Health Care program specializing in dementia care, providing care for patients and respite for family caregivers; Licensed for 45 participants each day
  - Leading the Multi-disciplinary team comprised of OT, PT, RN, MSW, RD and Activity Coordinator to ensure the highest quality of care for program participants
  - Supervising, hiring, and training all staff, including RN, MSW, program aides, and drivers.
  - Ensuring compliance with Title 22 and Medi-Cal requirements by maintaining documentation and monthly reports as well as special projects to update software systems to accommodate new regulations
  - Maintaining program budget and managing expenses, including cutting costs and keeping the program open during the nationwide financial crisis
  - Marketing and networking with other services and businesses to expand client base as well as to provide education and presentations to the community about Alzheimer's disease and dementia.
- PROGRAM DIRECTOR 2008  
*YWCA Berkeley/ Oakland*
- Launching a new mentor program for young women aging out of the foster care system.
  - Recruiting, training, and supervising volunteers; providing ongoing support to mentors
  - Designing and implementing program policy and procedures; including creating program manual, necessary forms, and training materials
  - Outreach to other youth serving agencies to expand and promote the volunteer program
- ACCOUNTING ASSISTANT- Berkeley, CA 2007 - 2008  
*Alzheimer's Services of the East Bay*
- Conducting daily accounting duties for non-profit with approximately 50 employees
  - Managing accounts payable and accounts receivable, which includes monthly invoicing, bill payment, bank deposits, and recording general ledger transactions
  - Assisting with payroll, human resources, and benefits administration
- CASE MANAGER- Boulder Outreach Program- Boulder, CO 2005 - 2006  
*Family Tree- Gemini*
- Providing case management and referrals to homeless and runaway youth
  - Managing the Boulder Outreach Office, a drop-in center, and conducting street outreach
  - In-home case management, crisis counseling and conflict resolution to youth and families
  - Presenting in schools and at community centers to educate youth about risky behaviors
  - Collaborating with local organizations; recruiting, coordinating and training volunteers
  - Ensuring that grant requirements were met by maintaining data and client files
- YOUTH TREATMENT COUNSELOR- Lakewood, CO 2005  
*Family Tree- Gemini*
- Responsible for the supervision and safety of youth in shelter; support and conflict resolution
  - Maintaining files for each youth in residence, intake procedures and paperwork as needed
  - Overnight tasks including room checks and medication management
- JUVENILE ASSESSMENT SPECIALIST- Golden, CO 2004 - 2005  
*Jefferson County Juvenile Assessment Center*
- Conducting assessments with at-risk youth and referring families to community services
  - Preparing court reports, detention screenings, and felony filings for juvenile offenders
  - Working with law enforcement, social services, and local agencies to provide safety and connection to services