



**NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY**

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: June 25, 2024
TO: Board of Supervisors
FROM: **Rachel Peña**
SUBJECT: Resolution approving execution of a renewal contract with Sierra Nevada Memorial Hospital Foundation for Fall Prevention Services for Nevada County seniors in the maximum amount of \$169,448 for the contract term June 1, 2024 through July 30, 2026.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: These services are funded by Social Services Enhanced Federal funding, and Department Realignment dollars. Contract total is in the amount of \$169,448 (\$84,724 for FY 2024/25 and \$84,724 for FY 2025/26). There are no county general fund dollars required and the services are within the Department's Budget.

BACKGROUND: Under this renewal Agreement, Sierra Nevada Memorial Hospital Foundation will provide an Alzheimer's Outreach Program and Fall Prevention Services to Nevada County seniors.

The goal of this agreement is to provide outreach and services to seniors on how to reduce the risk factors associated with falls and to support families impacted by Alzheimer's. The causes of falls vary with contributing risk factors including lack of strength in the lower extremities, reduced vision, reduced balance, and chronic health problems. The fear of falling can lead to depression and hopelessness, loss of mobility, and loss of functional independence for seniors.

Nevada County has one of the highest percentages of seniors in California. Approximately 29.3% of the total population of the County are 65 years of age or older. Falls are the primary cause of nonfatal injury hospitalizations, and the vast majority of fall incidents are among seniors.

Services will be offered in close collaboration with the Friendly Visitor Program offered through FREED, Elder Care Provider agencies, Adult Protective Services, and trained volunteers.

Contracted services will include a calendar of workshops, classes and events related to falls. The Contractor will maintain and publicize a referral system that allows anyone in the community to refer disabled or older adults through an established phone line at Nevada County Adult Services.

It is recommended that the Board approve this renewal Agreement to continue these vital services which help to reduce the rate of falls for our community seniors.

Item Initiated and Approved by: Rachel Peña, LCSW, Director of Social Services