



TAHOE FOREST
HEALTH SYSTEM

NEVADA COUNTY BOARD OF SUPERVISORS

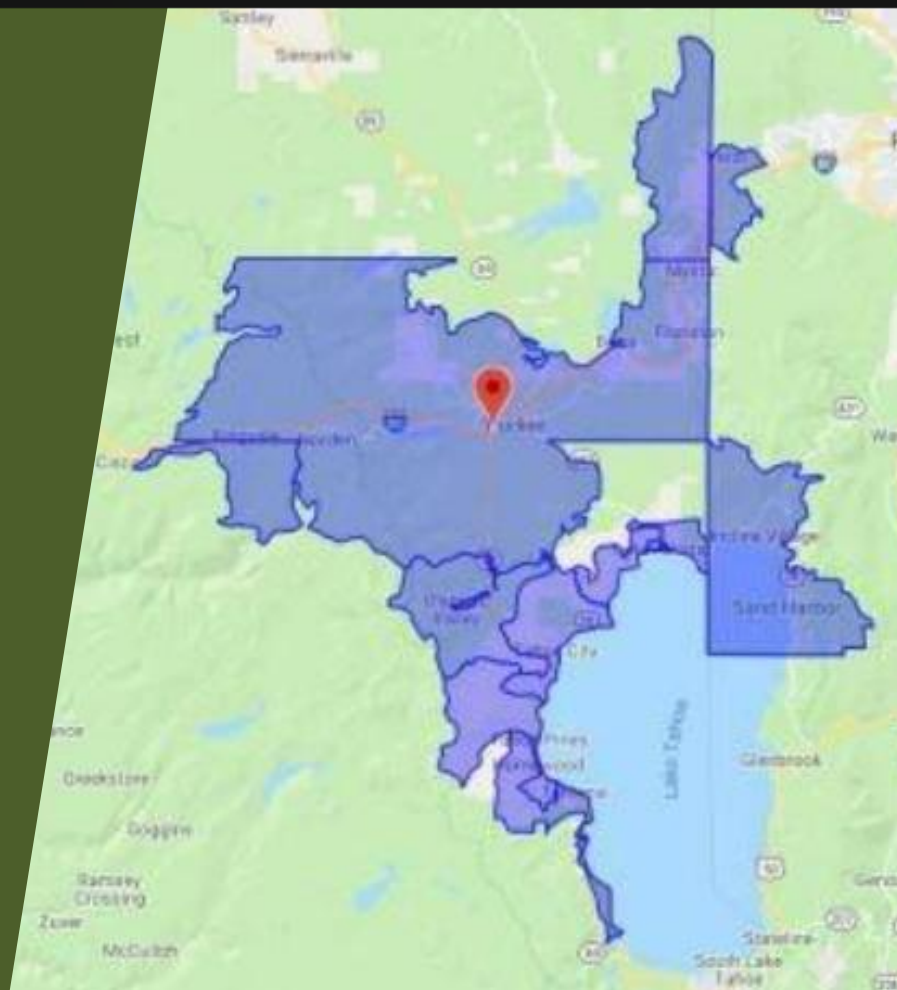
Community Health Needs
Assessment

Anna M. Roth, RN, MSN, MPH | Oct 28, 2025

Lizzy Henasey, MPH



Service Area



Patients Served in Fiscal Year 2025

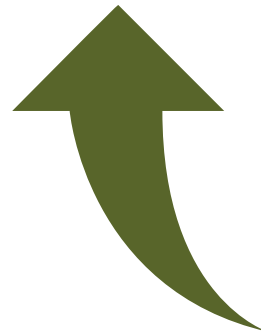
- **55,506** patients system-wide
 - **15,628** from Truckee
- **14,362** Orthopedics patients
- **17,700** Emergency Room visits
 - **624** Level III Trauma patients
- **2,438** Cancer Center patients
- **387** babies born at Joseph Family Center for Women and Newborn Care



Expanding Access to Care



Ground Breaking Investing in our Future



Access expanding by 34%

50,000 new clinic visits annually

Community Engagement & Planning Timeline

FOUR-PHASE APPROACH (OCTOBER 2025–JUNE 2026)

Initial Outreach Roll-Out (Oct–Dec 2025)

- **TFH Team Information and collaboration**
- **QR codes deployed at existing locations for quick input**
- **Peaks of Excellence committee formation**
- **Partner identification and relationship building with established community organizations**
- Stakeholder mapping and partner organization meetings
- Venue identification across all service areas
- Clear communication framework for how input will be used and reported back
- Outreach campaign roll out

Active Listening (Jan-Mar 2026)

- Anonymous feedback mechanisms and winter-appropriate digital engagement
- QR codes deployed at existing locations for quick input
- Partner organization collaboration for co-hosted listening
- Strategic presence at existing community gatherings; capture visitors during holiday peak period
- Staff input sessions running concurrent with community outreach
- "What we're learning" interim progress updates incorporated into budget cycle

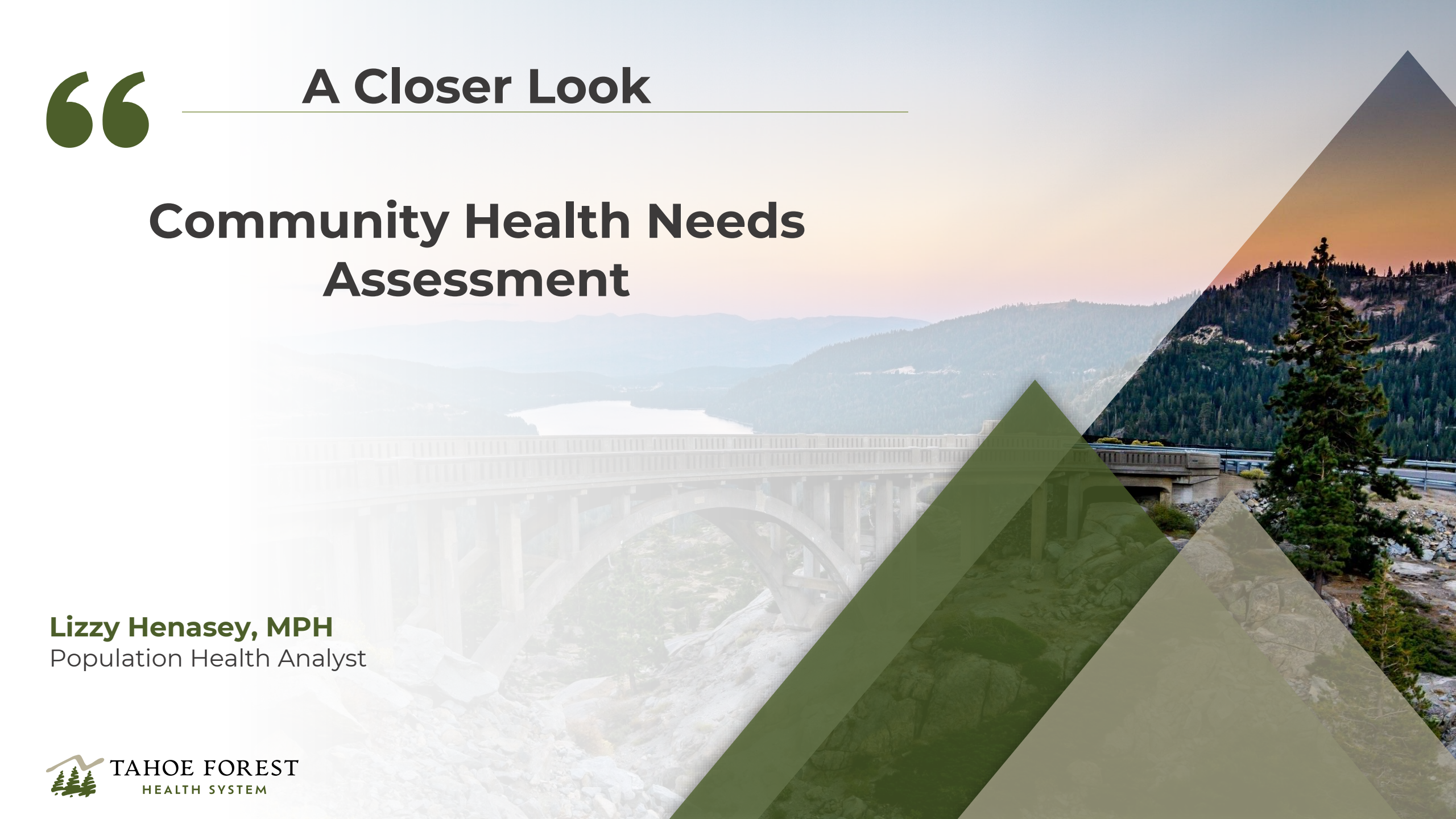
In-Person Community Conversations (Apr–Jun 2026)

- Drop-in style informal gatherings at community events
- Presence at spring festivals, markets and existing community activities
- Partner with local organizations for co-hosted listening opportunities
- Workplace and organizational outreach
- Regular progress updates and course correction opportunities
- Public documentation of emerging themes and priorities

Co Creation of Next Steps (Jun 2026)

- "What We Heard" community presentations
- Priority validation
- Strategic plan integration
- Final "What We Heard" comprehensive reporting





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A Closer Look

Community Health Needs Assessment

Lizzy Henasey, MPH
Population Health Analyst

CHNA as a Tool

Identify areas of concern and decide to commit resources to those areas



Improve health status,
elevate overall quality of life



Reduce health disparities



Increase accessibility to
preventive services

2025 TFHS Community Health Needs Assessment



Secondary Data

- County-level data (Nevada, Placer, Washoe Counties)
- Census data, vital statistics, CA Healthy Kids Survey, other health-related data



Online Key Informant Survey

- Community stakeholder input — *61 physicians, public health, other health providers, social services, community leaders*
- Based on their experiences, the populations they serve



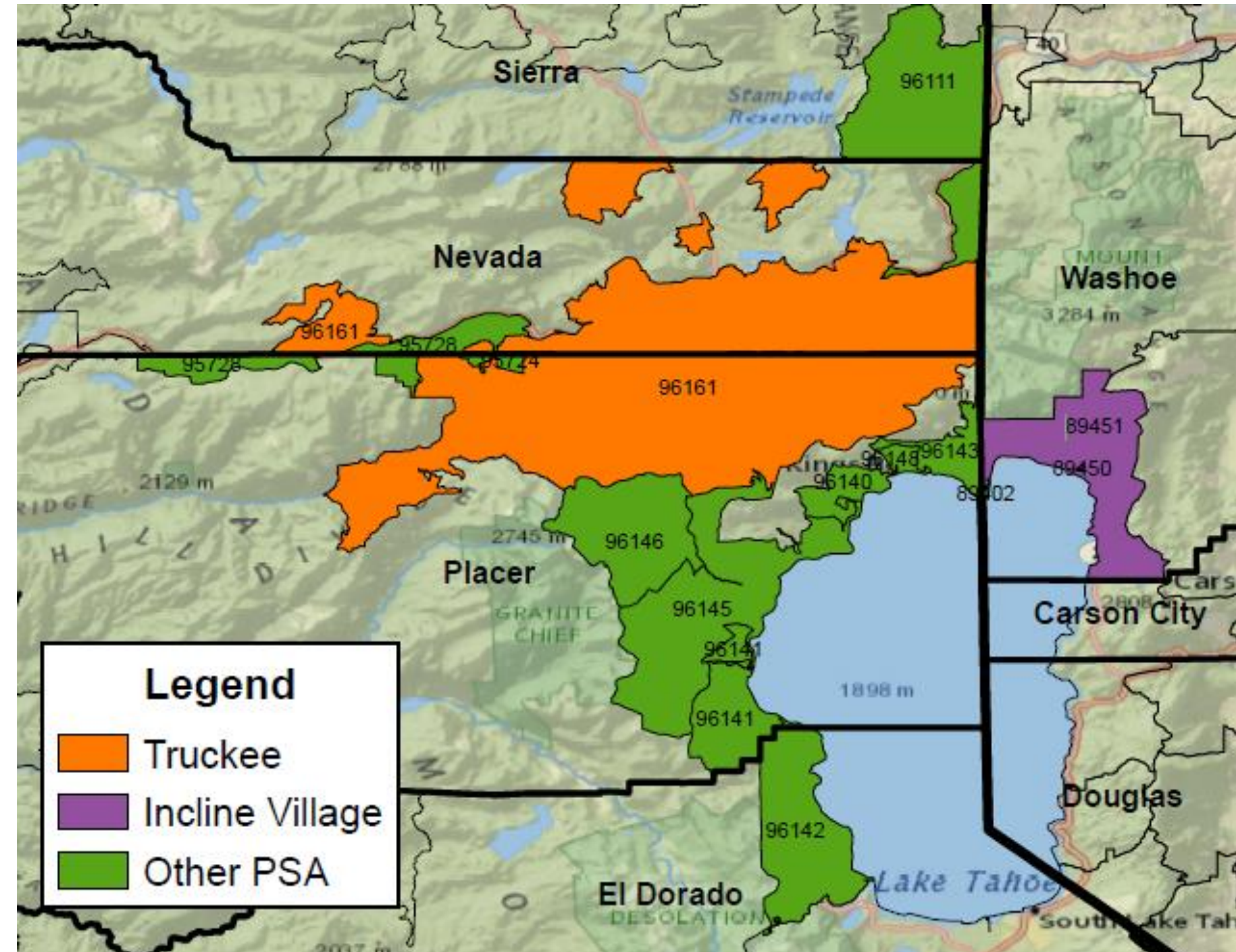
Customized Local Health Survey

- Population-based, stratified by hospital service area
- Targets health status, experience, behaviors
- Conducted via landline/cell phones and internet-based surveys



Focus Groups

- School-age Youth, Seniors, Spanish language
- Community voice and experience
- Conducted in person in partnership with TTUSD, Truckee Donner Recreation & Park, Sierra Community House



Engage with the Data



Read

Watch



Explore
TahoeForest.HealthForecast.net

Areas of Opportunity



Access to Health Care, Preventive Care, Oral Health

- Having a PCP
- Routine Checkups
- Skin Cancer
- Stroke



Mental Health

- Depression
- Anxiety
- Suicide



Health-Related Social Needs:

- Food Insecurity
- Housing
- Transportation
- Health Literacy
- Caregiving



Substance Use

- Poisoning/Drug Overdose
- Youth Substance Use

Community Prioritization

(out of 16 healthcare topics)



2025 TFHS Community Health Needs Assessment Community Forum

Details

Friday, September 26, 2025 | 9:00am – 12:00pm

Truckee Town Hall Council Chambers
10183 Truckee Airport Road Truckee, CA 96161

Agenda

9:00am - 9:30am: Light Breakfast & Coffee

9:30am – 10:00am: Introductions & Welcome with Anna Roth, TFHS CEO

10:00am – 12:00pm: 2025 CHNA Presentation by Professional Research Consultants

- Community Discussion
- Next phase: Community Health Improvement Plan

12:00pm: Close



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Key Informants

- 1.Substance Use
- 2.Social Determinants (housing, food insecurity)
- 3.Mental Health
- 4.Access to Healthcare
- 5.Oral Health

Community Forum

- 1.Mental Health
- 2.Food Insecurity
- 3.Substance Use
- 4.Access to Healthcare
- 5.Preventive Care
- 6.Chronic Conditions

Free Health Fair

- 1.Housing
- 2.Access to Healthcare
- 3.Oral Health
- 4.Mental Health
- 5.Preventive Care

Next Steps

“Recognizing and understanding those challenges at the individual level is challenging enough; responding at a community level is even tougher.”
- Community Leader/ 2025 Key Informant

**Community Health
Improvement Plan
(June 30, 2026)**

**Alignment with TFHS
Strategic Plan**

**Ongoing collaboration with Nevada County and
Placer County on future needs assessments**

Thank you, Questions



www.tfhd.com



ehenasey@tfhd.com
aroth@tfhd.com



(530) 587-6011



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