

# Mental Health And Substance Use Advisory Board

Updates from 2022-23



**NEVADA  
COUNTY**  
CALIFORNIA

**Behavioral  
Health**



# Role of the MHSUD Board: Advise the Board of Supervisors and the local Behavioral Health Director regarding any aspect of the local behavioral health program, including:

Programs and Services	Review and evaluate the community's public behavioral health needs, services and facilities
Contracts and Agreements	Review agreements entered into by the BH department including the annual Mental Health Services Act update, state audits and key contracts
Outcome Data	Review the county's performance outcome data
Community Involvement	Ensure community involvement in all BH planning processes
Hire Director	Review and make recommendations on applicants for appointment as the local Behavioral Health Director

# Membership of the Board:

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All Board members are appointed by the Board of Supervisors

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Board must be comprised of at least 50% consumers or families of consumers (minimum 20% consumers)

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One member will be from the Board of Supervisors

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Board members or spouses cannot work for the County or local contracted agency (unless the person is a mental health consumer)

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# Key accomplishments for board this year:

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**Monitored significant changes in the behavioral health system including payment reform**

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**Sought community input through regular presentations and open dialog at meetings**

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**Oversaw functioning of the system through staff reports and review of state reports**

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**Sustained board member engagement**

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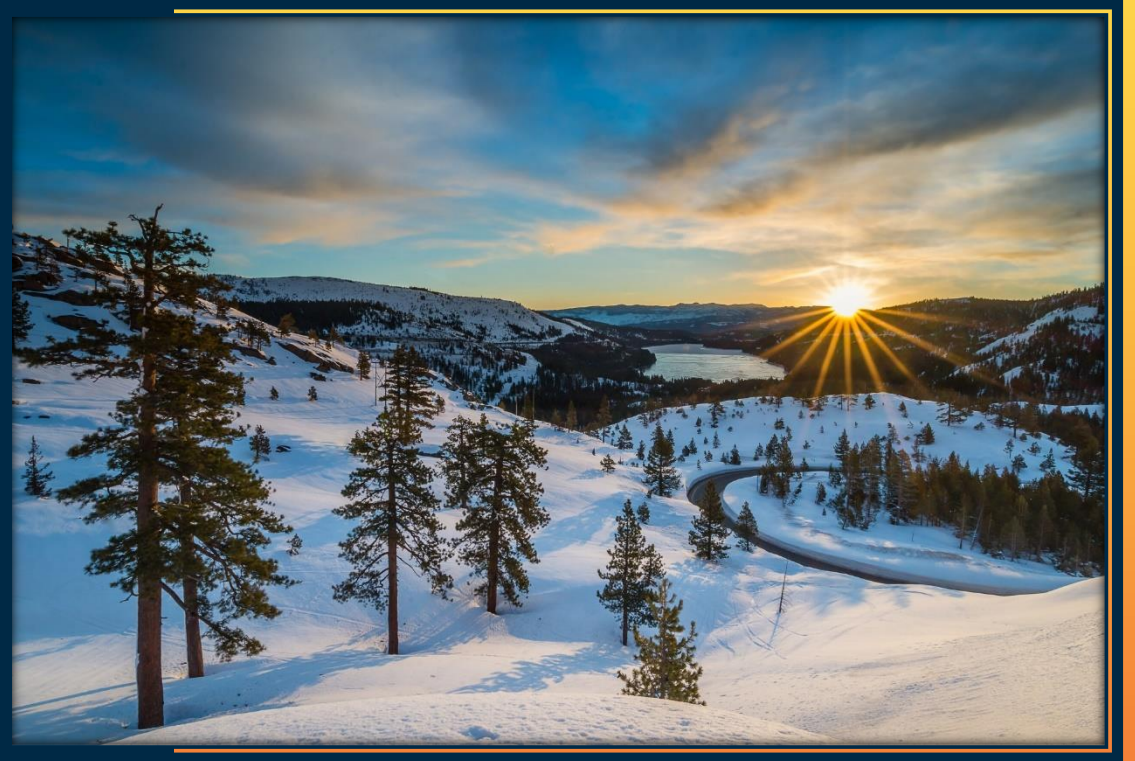


# May is Mental Health Awareness Month: Help break the stigma around mental illness!





# Mental Health Matters Nevada County



# Vision

Mental Health Matters Nevada County (MHMNC) is a local campaign to increase the public's awareness, understanding, and access to mental health and suicide prevention resources.

# Goals

- Increase access to mental health and suicide prevention resources.
- Increase awareness and understanding of mental health and suicide prevention.
- Create a single location ([MentalHealthMattersNC.com](http://MentalHealthMattersNC.com)) where residents can go to learn more about mental health and suicide prevention.
- Affirm the importance of mental health and support efforts to destigmatize utilizing mental health resources.





# Key Components

## Mental Health Matters Nevada County

- Name, Logo & Branding
- MentalHealthMattersNC.com (MHMNC.com)
- Outreach, Education & Training
- Collaboration & Coalition



# MentalHealthMattersNC.com

- Crisis services
  - In-person
  - Crisis lines (call, text, chat)
  - Specific populations (LGBTQ+, youth, etc.)
- Getting help
  - How to get help
  - What to expect
  - FAQs
- General resources
  - Local supports
  - Education and training



# MentalHealthMattersNC.com

Are you or someone you care about struggling emotionally and need help right now?  
Call the **Nevada County Crisis Line** at **(530) 265-5811** 24/7/365

[CRISIS SERVICES](#)[GETTING HELP](#)[GENERAL RESOURCES](#)

Are you in crisis?

In-Person Crisis

Crisis Lines

Call / Text / Chat

[Population-Specific Crisis Lines](#)

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MENTAL HEALTH  
**MATTERS**  
NEVADA COUNTY

# Request to the Board: Resolution proclaiming May to be Mental Health Awareness Month

If you are experiencing a  
behavioral health crisis  
call 988 or 530-265-5811

