

Mental Health And Substance Use Advisory Board

Updates from 2022-23



**NEVADA
COUNTY**
CALIFORNIA

**Behavioral
Health**



Role of the MHSUD Board: Advise the Board of Supervisors and the local Behavioral Health Director regarding any aspect of the local behavioral health program, including:

Programs and Services	Review and evaluate the community's public behavioral health needs, services and facilities
Contracts and Agreements	Review agreements entered into by the BH department including the annual Mental Health Services Act update, state audits and key contracts
Outcome Data	Review the county's performance outcome data
Community Involvement	Ensure community involvement in all BH planning processes
Hire Director	Review and make recommendations on applicants for appointment as the local Behavioral Health Director

Membership of the Board:

All Board members are appointed by the Board of Supervisors

Board must be comprised of at least 50% consumers or families of consumers (minimum 20% consumers)

One member will be from the Board of Supervisors

Board members or spouses cannot work for the County or local contracted agency (unless the person is a mental health consumer)

Key accomplishments for board this year:

Monitored significant changes in the behavioral health system including payment reform

Sought community input through regular presentations and open dialog at meetings

Oversaw functioning of the system through staff reports and review of state reports

Sustained board member engagement

May is Mental Health Awareness Month: Help break the stigma around mental illness!





Mental Health Matters Nevada County



Vision

Mental Health Matters Nevada County (MHMNC) is a local campaign to increase the public's awareness, understanding, and access to mental health and suicide prevention resources.

Goals

- Increase access to mental health and suicide prevention resources.
- Increase awareness and understanding of mental health and suicide prevention.
- Create a single location (MentalHealthMattersNC.com) where residents can go to learn more about mental health and suicide prevention.
- Affirm the importance of mental health and support efforts to destigmatize utilizing mental health resources.



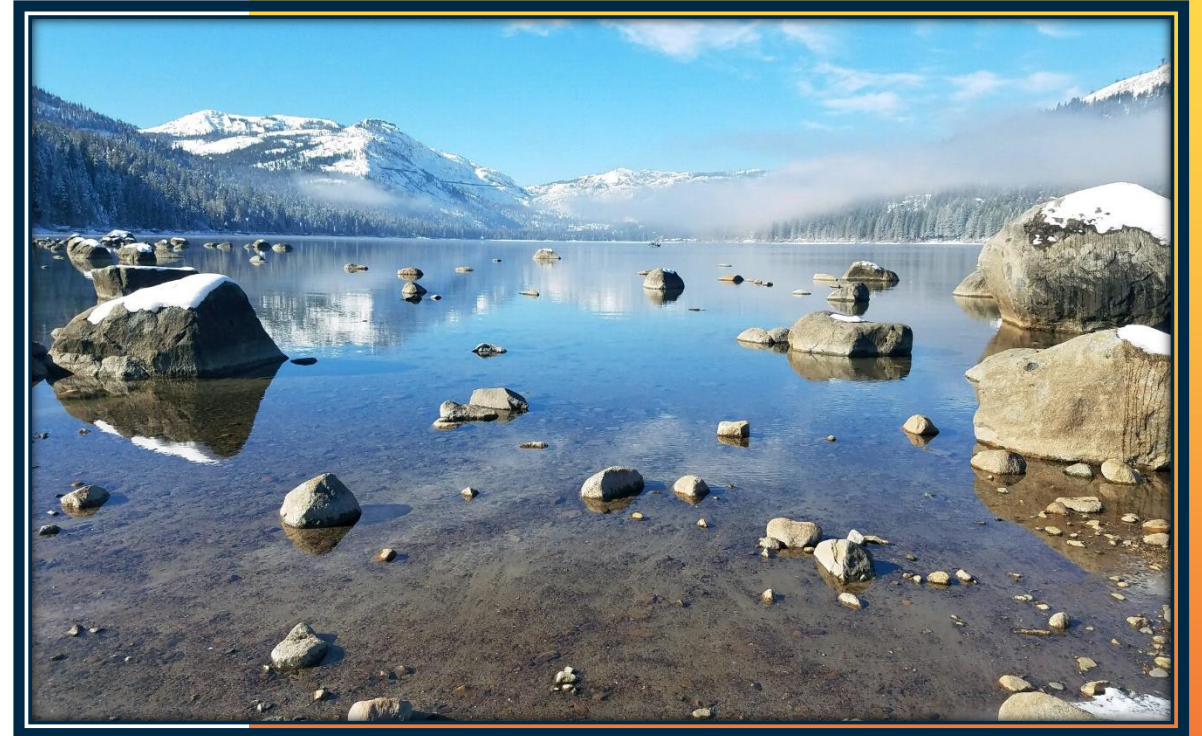
Key Components

Mental Health Matters Nevada County

- Name, Logo & Branding
- MentalHealthMattersNC.com (MHMNC.com)
- Outreach, Education & Training
- Collaboration & Coalition

MentalHealthMattersNC.com

- Crisis services
 - In-person
 - Crisis lines (call, text, chat)
 - Specific populations (LGBTQ+, youth, etc.)
- Getting help
 - How to get help
 - What to expect
 - FAQs
- General resources
 - Local supports
 - Education and training



MentalHealthMattersNC.com

Are you or someone you care about struggling emotionally and need help right now?
Call the **Nevada County Crisis Line** at **(530) 265-5811** 24/7/365



CRISIS SERVICES

GETTING HELP

GENERAL RESOURCES

The screenshot shows a website interface with a background image of a snowy mountain landscape at sunset. A central white box contains the following elements:

- Question: "Are you in crisis?"
- Two buttons: "In-Person Crisis" (blue) and "Crisis Lines" (green).
- Text below the buttons: "Call / Text / Chat" (white, positioned under the green button).
- Text at the bottom of the box: "Population-Specific Crisis Lines" (with a link icon).

On the left side of the screenshot, there is a small white box with the text "EN ^".

Request to the Board: Resolution proclaiming May to be Mental Health Awareness Month

If you are experiencing a behavioral health crisis call 988 or 530-265-5811

