

RESOLUTION No. 22-054

OF THE BOARD OF SUPERVISORS OF THE COUNTY OF NEVADA

RESOLUTION APPROVING EXECUTION OF AMENDMENT 1 TO THE CONTRACT WITH NEVADA COUNTY SUPERINTENDENT OF SCHOOLS (NCSOS) RELATED TO THE PROVISION OF LATINO OUTREACH SERVICES THROUGH THE GRASS VALLEY FAMILY RESOURCE CENTER TO INCREASE THE CONTRACT PRICE FROM \$61,200 TO \$68,248 (AN INCREASE OF \$7,048), REVISE EXHIBIT "A" SCHEDULE OF SERVICES TO INCORPORATE EXPANDED SERVICES AND ONE-TIME PURCHASES AND AMEND EXHIBIT "B" SCHEDULE OF CHARGES AND PAYMENTS TO REFLECT THE INCREASE IN THE MAXIMUM CONTRACT PRICE FOR THE CONTRACT TERM OF JULY 1, 2021, THROUGH JUNE 30, 2022 (RES. 21-216)

WHEREAS, on June 15, 2021, per Resolution 21-216, the Nevada County Board of Supervisors authorized the execution of the Professional Services Contract between the County of Nevada and Nevada County Superintendent of Schools for the provision of Latino Outreach Services through the Grass Valley Resource Center as a component of the County's Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan; and

WHEREAS, PEI seeks to reach unserved or underserved populations including members of ethnically/racially diverse segments and to address disparities in access to mental health services; and

WHEREAS, the targeted focus of services under this Agreement is the Latino population, a quickly growing population in Nevada County, who has limited access to Spanish speaking resources, especially mental health services; and

WHEREAS, this amendment will support expanded services and one-time purchases to support program efforts to help the Nevada County Latino population access mental health services; and

WHEREAS, the parties desire to amend their Agreement to increase the contract price from \$61,200 to \$68,248 (an increase of \$7,048), revise Exhibit "A" Schedule of Services to incorporate expanded services and one-time purchases and amend Exhibit "B" Schedule of Charges and Payments to reflect the increase in the maximum contract price.

NOW, THEREFORE, BE IT HEREBY RESOLVED by the Board of Supervisors of the County of Nevada, State of California, that the Amendment No. 1 to that contract by and between the County and Nevada County Superintendent of Schools related to the provision of Latino Outreach and Engagement Mental Health Services, with a contract term of July 1, 2021, through June 30, 2022, in the maximum amount of \$68,248, be and hereby is approved, and that the Chair of the Board of Supervisors be and is hereby authorized to execute the Amendment on behalf of the County of Nevada.

Funds to be disbursed from account: 1512-40104-493-1000/521520

PASSED AND ADOPTED by the Board of Supervisors of the County of Nevada at a regular meeting of said Board, held on the <u>25th</u> day of <u>January</u>, <u>2022</u>, by the following vote of said Board:

Ayes:	Supervisors Heidi Hall, Edward Scofield, Dan Miller and Susan K. Hoek and Hardy Bullock.
Noes:	None.
Absent:	None.
Abstain:	None.

ATTEST:

JULIE PATTERSON HUNTER Clerk of the Board of Supervisors

1/25/2022 cc:

BH** AC* NCSOS*

Susan K. Hoek, Chair

AMENDMENT #1 TO THE CONTRACT WITH NEVADA COUNTY SUPERINTENDENT OF SCHOOLS (Res 21-216)

THIS AMENDMENT is executed this January 25, 2022 by and between NEVADA COUNTY SUPERINTENDENT OF SCHOOLS, hereinafter referred to as "Contractor" and COUNTY OF NEVADA, hereinafter referred to as "County". Said Amendment will amend the prior Agreement between the parties entitled Professional Services Contract, executed on June 15, 2021 per Resolution 21-216; and

WHEREAS, the Contractor operates Latino Outreach through the Partners Family Resource Center as a component of the County's Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan; and

WHEREAS, the parties desire to amend their Agreement to increase the contract price from \$61,200 to \$68,248 (an increase of \$7,048), revise Exhibit "A" Schedule of Services to incorporate expanded services and one-time purchases and amend Exhibit "B" Schedule of Charges and Payments to reflect the increase in the maximum contract price.

NOW, THEREFORE, the parties hereto agree as follows:

- 1. That Amendment #1 shall be effective as of 1/1/22.
- 2. That Maximum Contract Price, shall be amended to the following: \$68,248
- 3. That the Schedule of Services, Exhibit "A" is amended to the revised Exhibit "A" attached hereto and incorporated herein.
- 4. That the Schedule of Charges and Payments, Exhibit "B" is amended to the revised Exhibit "B" attached hereto and incorporated herein.
- 5. That in all other respects the prior agreement of the parties shall remain in full force and effect except as amended herein.

COUNTY OF NEVADA:

CONTRACTOR:

By: <u>Scott W. Lay</u>

Susan Hoek By: Susan Hoek (Jan 25, 2022 12:32 PST) Susan Hoek Chair of the Board of Supervisors

Nevada County Superintendent of Schools 380 Crown Point Circle Grass Valley, CA 95945

By: Sue facture for the ATTEST:

Julie Patterson-Hunter Clerk of the Board of Supervisors

EXHIBIT "A" SCHEDULE OF SERVICES NEVADA COUNTY SUPERINTENDENT OF SCHOOLS

Nevada County Superintendent of Schools, herein referred to as "Contractor", shall provide Latino Outreach Services to decrease stigma and discrimination so that Latino individuals and families will access mental health services through the Grass Valley Family Resource Center, as a component of the County's Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Plan for the County of Nevada, Department of Behavioral Health, herein referred to as "County".

In Nevada County the Latino population is growing. In our outreach to set up our PEI programs the Latino community indicated that there is a lot of stigma and fear in the Latino population about reaching out for help with mental health issues. Some of the Latino population stated it was shameful to be "mentally weak." Behavioral Health believes that this population is underserved, in accessing Spanish speaking resources, especially mental health services. The Grass Valley Family Resource center serves the Latino population in the area. The Family Resource Center has created a Promotoras Program that hires bicultural and bi-lingual paraprofessionals to help Latino families connect to health resources and to offer health education. The Grass Valley Family Resource Center's Promotoras Program will continue to provide Mental Health outreach and engagement groups for the Latino Community. The goal of the groups will be to raise awareness and knowledge of early symptoms of mental illness, alleviate stress, improve family functioning, and decrease stigma and fear about mental health issues in the Latino Population. These groups will be conducted in Spanish and may have childcare available. During the year there will be a series of 16 psycho-educational meetings that will educate people about mental health, attempt to decrease stigma and increase the number of Latinos seeking mental health treatment. The Promotora will use California's SanaMente (Healthy Mind) and Reconoza las Senales (Know the Signs) materials, the W.R.A.P. curriculum, and professionals to conduct these meetings. These meetings may include other practical education purposes to help entice the Latino population to participate, such as Nurturing Parenting Education workshops, yoga instruction to facilitate discussion about symptoms and provide self-care strategies, and community-wide cultural celebrations. The Promotora will continue to update mental health education through training offered through the County and other opportunities.

The Promotora will make referrals to services as needed. This may include partnerships with Adult and Children's Behavioral Health, the Crisis Stabilization Unit, law enforcement, local schools, Nevada Union Joint High School District, Sierra Nevada Memorial Hospital, Sierra Community College, and other service providers in Western County when Spanish-speakers need assistance with paper work or navigating services. The Promotora will be a key point of contact for the Latino community in emergency situations involving a mental health crisis or for questions or concerns about a family member. The Promotora will also do outreach and engagement with Spanish speaking families by meeting families in their homes and communities. The Promotora will also have scheduled advertised hours at the Family Resource Center where she will be available to help Spanish speakers access services in the community.

Despite progress in addressing explicit discrimination, racial inequities continue to be deep, pervasive, and persistent across the country. Though we have made many strides toward racial equity, policies, practices, and implicit bias have created and still create disparate results. Through partnerships with the community, Nevada County Behavioral Health strives to address these inequities and continue progress in moving forward.

Contractor is encouraged to have a diverse and inclusive workforce that includes representation from the disparate communities served by our county. Contractor is expected to think holistically about creating services, program sites and an employee culture that is welcoming and inclusive. Contractor should track metrics on Diversity, Equity, and Inclusion outcomes within their service delivery. Additional efforts should be made to identify and highlight growth opportunities for equitable outcomes, access to services, and other opportunities. Contractor shall consult with County contract manager about proposed metrics to track.

Services should be designed to meet clients' diverse needs. Contractor will be expected to participate in the NCBH Cultural Competency program, participate in trainings and tailor outreach efforts and marketing materials to engage a diverse population of community members. Given that Spanish is a threshold language in Nevada County, a special emphasis should be placed on engaging Latinx communities and providing services in Spanish.

Contractor shall:

- Hire a part time bi-lingual, bi-cultural person who can lead the psycho-educational groups.
- Educate the Latino population on mental health.
- Reduce stigma about reaching out for help for mental health issues.
- Conduct 16 psycho-educational meetings yearly at the Grass Valley Family Resource Center in Spanish which may include a traditional social event, WRAP groups, parenting classes, and yoga/movement/self-care classes.
- Offer childcare for evidence-based parenting education classes
- Offer movement-focused "wellness breaks" at school sites with Immersion or English Language Development classes to demonstrate the benefits of self-care and discuss mental health
- Use the WRAP evidence based curriculum, materials and other approved resources as appropriate to conduct meetings and wrap groups.
- Advertise meetings, WRAP groups and do outreach.

- Refer Spanish speaking people who need mental health treatment to Nevada County Behavioral Health or other mental health providers in the community.
- If necessary, accompany and provide transportation for clients to their first appointment with the therapist.
- Coordinate, organize, and schedule education by Behavioral Health staff for the Latino community.
- Attend MHSA Community Meetings.

Outcome data elements that will be tracked are:

- Number of services/meetings/groups
- Number of unduplicated participants for each service/meeting/group
- Outcomes of groups and meetings as measured by a survey:
 - Decrease in the negative feelings, attitudes, beliefs, perceptions, serotypes and/or discriminations related to being diagnosed with a mental illness, having a mental illness, or to seeking mental health services and increase in acceptance, dignity, inclusion, and equity for individuals with mental illness and members of their families. Examples are:
 - Increase in knowledge of mental health and substance use services and treatment resources available in Nevada County.
 - Increased comfort in talking about mental health illnesses and symptoms.
 - Increase comfort in seeking mental health services for themselves or others.
- Fifty adults and 15 children/youth will receive education on mental health issues per year.
- Three to five individuals will have prepared their Wellness Recovery Action Plan.
- Eighty percent of individuals will report satisfaction with the services provided.

PEI Regulation requirements

Count & Demographics:

• PEI Demographic Information (9 CCR § 3560.010) including unduplicated number of individuals served; template to be provided by County.

Referrals:

- Number of individuals referred to county mental health programs, and the kind of treatment to which the individual was referred.
 - For referrals to county mental health, the average duration of untreated mental illness.
- Number of individuals referred to non-county mental health treatment and the kind of treatment to which the individual was referred.
- Number of individuals referred to other key services and the kind of services to which the individual was referred.
- Number of individuals who followed through on referral and engaged in treatment.

• Average interval between referral and participation in treatment (at least one participation).

Reporting Requirements:

- Contractor shall provide summary PEI outcomes, demographics and referral data quarterly, within 30 days of the end of the fiscal quarter via secure upload.
- An Annual Progress Report is due within 31 days of the end of the fiscal year (fiscal year ends 6/30; report due 8/1).
- A Three-Year Program and Evaluation Report is due every three years to the county. For example, a Three-Year Evaluation Report due August 1, 2018 for fiscal years 2015-2016, 2016-2017 and 2017-2018 combined. The Three-Year Program Report is due no later than August 1st every three years thereafter (due 8/1/21, 8/1/24, 8/1/27...) and should report on the evaluations for the three fiscal years prior to the due date for those services rendered by the Contractor.
- Any MHSA Progress or Evaluation report that is required, and/or may be requested by the County; including any backup data to verify reported information. The Contractor shall cooperate with the County for the compilation of any data or information for services rendered under this contract as may be necessary for the County to conform to MHSA PEI regulations pertaining to data reporting.

The Behavioral Health Department will provide to Contractor:

- Therapy as appropriate to participants participating in the psycho-educational groups.
- Training opportunities on mental health, suicide and other pertinent subjects.

EXHIBIT "B" SCHEDULE OF CHARGES AND PAYMENTS NEVADA COUNTY SUPERINTENDENT OF SCHOOLS

County shall pay to Contractor a maximum not to exceed \$68,248 for satisfactory performance of services in accordance with Exhibit "A" for the contract term. The maximum obligation of this Contract is contingent and dependent upon final approval of State budget and County receipt of anticipated funding to support program expenses.

Contract Maximum is based on reimbursement for actual salary/benefits of Contractor's assigned staff, and program expenses not to exceed \$60,000 for the term of July 1, 2021 through June 30, 2022. As compensation for services rendered to County, Contractor shall be reimbursed for actual salary/benefits and costs incurred in carrying out the terms of the contract. Contractor shall bill County monthly, and each invoice shall state the amount of personnel hours/benefits and reimbursement expenses being claimed. Contractor agrees to be responsible for the validity of all invoices.

FY 21/22 Latino Outreach Budget		
PERSONNEL COSTS		
Coordinator	\$ 3,063	
Promotora	\$ 49,599	
Movement Instructor	\$ 1,470	
Child Care and Student Activity Leaders	\$ 1,056	
TOTAL PERSONNEL:	\$ 55,188	
PROGRAM COSTS		
Mileage	\$ 500	
iPads	\$ 2,000	
Postage/Training/Materials/Food/Miscellaneous Supplies	\$ 2,534	
TOTAL PROGRAM COSTS	\$ 5,034	
EVALUATION COSTS		
Coordinator	\$ 2,154	
Promotora	\$ 817	
TOTAL EVALUATION COSTS	\$ 2,971	
SUBTOTAL COSTS	\$ 63,193	
INDIRECT	\$ 5,055	
TOTAL EXPENSES:	\$ 68,248	

The project maximum is based on the following project budget: NEVADA COUNTY SUPERINTENDENT OF SCHOOLS Mileage reimbursement rate may not exceed the current IRS allowable rate.

BILLING AND PAYMENT:

Should modification to or changes to the budget line items be needed, a written request for modification shall be submitted for approval to the Director and or his/her designee. County at its sole discretion shall determine if the change will continue to meet the contract objectives and approve or deny the request.

Payment shall be approved after approval by County's PEI Program Manager of invoice and any required reports for that period.

County shall review the billing and notify the Contractor within fifteen (15) working days if an individual item or group of costs is being questioned. Contractor has the option of removing the questioned cost pending resolution of the cost(s). Payments of approved billing shall be made within thirty (30) days of receipt of a complete, correct, and approved billing and reports.

To expedite payment, Contractor shall reference the Resolution Number assigned to their Contract on their invoice.

Contractor shall submit invoices for services to:

HHSA Administration Attn: BH Fiscal 950 Maidu Avenue Nevada City, California 95959