

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

Health & Human Services Agency Director Ryan Gruver

Behavioral Health Director: Phebe Bell, MSW

Behavioral Health Medical Director: Aubrey Eubanks, M.D.

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY

CALIFORNIA 95945

10075 LEVON AVE., STE 204

TRUCKEE,

CALIFORNIA 96161

TELEPHONE (530) 265-1437 (530) 271-0257 TELEPHONE (530) 582-7803 FAX (530) 582-7729

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 14, 2022

TO: **Board of Supervisors**

FROM: Phebe Bell

SUBJECT: Resolution approving execution of Amendment 1 to the contract with

> Common Goals, Inc. for the provision of outpatient rehabilitative treatment services for the recovery and treatment of alcohol/drug dependency to increase the maximum contract price from \$686,591 to \$841,591 (an increase of \$155,000) to reflect the increase in the amount of services that will be provided during Fiscal Year 2021/22 revise Exhibit "B", Schedule of Charges and Payments to reflect the increase in the maximum contract price and directs the Auditor-Controller

to amend the Behavioral Health Budget for Fiscal Year 2021/22 (4/5

Affirmative Vote Required). (RES 21-319)

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Funding is provided through Drug Medi-Cal Federal reimbursement, 2011 Realignment and reimbursement from Probation and Social Services for participants referred through their departments. Majority of services are included in the Department's FY 2021/22 budget; a budget amendment required for increase above budgeted amount and is included in this Resolution. There are no county general fund dollars required in the Agreement.

BACKGROUND: On July 27, 2021, per Resolution RES 21-319, the Nevada County Board of Supervisors approved execution of the Professional Services Contract with Common Goals, Inc. for education and treatment services to persons affected by the disease of alcoholism and/or drug addictions.

Under this Contract, the Contractor provides outpatient rehabilitative treatment services for Medi-Cal Beneficiaries for the recovery and treatment of alcohol/drug dependency. The contract increase is necessary as Nevada County Medi-Cal beneficiaries who meet medical necessity criteria are seeking treatment at a higher rate that originally projected and they are selecting this particular provider at a higher rate that was projected. Now that the contractor is back to preCOVID treatment levels, the department is able to project utilization through the end of the fiscal year.

Each client receives individual counseling, which is face-to face contact between the client and the therapist or counselor. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services and crisis intervention. Group counseling means face-to face contacts in which one or more counselors treat two or more clients, up to a total of twelve clients, at the same time, focusing on needs of the individuals served. Sessions focus on overcoming substance abuse related obstacles to achieve short-term personal, family, job/school and other goals.

Family Counseling is available to participants whenever issues such as interpersonal and/or family relationships present themselves as possible barriers to the successful treatment of the individual. The Contractor provides direct therapeutic counseling services to families referred for substance abuse issues.

Additionally, per the Contract, Contractor will provide Intensive Outpatient Treatment (IOT) which consists of alcohol and drug treatment services (intake, individual counseling, group counseling, patient education, family therapy, medication services, collateral services, crisis intervention, treatment planning, discharge services) in a non-residential setting.

Additionally, the contractor provides Recovery Residences for individuals authorized by the County. Recovery Residences provides an affordable clean and sober supported living environment where individuals can rebuild their own housing and employment resources while still participating in a lower level of care.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health