

## NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

Ryan Gruver Agency Director

## **Department of Social Services**

Rachel Peña, LCSW
Department of Social Services
Director

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## NEVADA COUNTY BOARD OF SUPERVISORS

**Board Agenda Memo** 

**MEETING DATE:** July 11, 2023

**TO:** Board of Supervisors

FROM: Rachel Peña

**SUBJECT:** Resolution approving execution of an Amendment to the renewal

contract with Welcome Home Vets, Inc. for the securing of

psychotherapy services for the veteran population of Nevada County

to extend the Contract termination Date from June 30, 2023 to

September 30, 2023. (RES. 22-254)

**RECOMMENDATION:** Approve the attached Resolution.

<u>FUNDING</u>: Services will be funded from Community Services and Supports (CSS) dollars received from the State as a component of the County's approved Mental Health Services Act (MHSA) Plan. Contract services were planned for in the FY 2023/24 Department budget and there are no county general fund dollars required in the Agreement.

BACKGROUND: On June 14, 2022, per Resolution 22-254, the Nevada County Board of Supervisors approved execution of the Professional Services Contract with Welcome Home Vets, Inc. for the securing of psychotherapy services for the veteran population of Nevada County. Veterans and their families have historically had higher levels of mental health problems as compared to the general population. Research findings have long shown that the rate of Post-Traumatic Stress Disorder (PTSD) occurring in combat veterans is significant. Research has also demonstrated that the partners of veterans with Military-Related Psychological Trauma (MRPT) diagnoses, such as PTSD and Major Depressive Disorder (MDD), can experience immense stress and are at greater risk of developing mental health problems than spouses of veterans who do not have those problems.

The procurement process for these services in the next fiscal year is not yet complete, and to avoid any disruption of services to veterans, we are requesting to extend the Contract Termination Date from June 30, 2023 to September 30, 2023.

Item Initiated by: David West, Veterans' Services Officer

**Approved by:** Rachel Peña, LCSW, Director of Social Services