



## NEVADA COUNTY

---

# PROBATION DEPARTMENT

Michael N. Ertola  
Chief Probation Officer

Mailing Address: 109-1/2 North Pine Street  
Nevada City, California 95959  
Telephone: (530) 265-1200  
Fax: (530) 265-6280

## NEVADA COUNTY BOARD OF SUPERVISORS Board Agenda Memo

---

**MEETING DATE:** May 23, 2017  
**TO:** Board of Supervisors  
**FROM:** Michael Ertola  
Probation Department

**SUBJECT:** Resolution authorizing the execution of a contract with Aguas and Associates to provide Motivational Interviewing training for fiscal years 16/17 and 17/18.

**RECOMMENDATION:** Adopt the Resolution.

**FUNDING:** This contract in the amount of \$28,300 for fiscal year 16/17 and 17/18 is 100% grant funded through the juvenile Mentally Ill Offender Crime Reduction Grant. No general funds are required.

**BACKGROUND:** Motivational Interviewing (MI) is a clinical approach that helps people with mental health and substance use disorders and other chronic conditions make positive behavioral changes to support better health. The approach upholds four principles— expressing empathy and avoiding arguing, developing discrepancy, rolling with resistance, and supporting self-efficacy (client's belief s/he can successfully make a change).

We are moving towards having all of our juvenile probation staff and juvenile detention staff MI trained so that there is consistent communication and messaging to clients across the entire department. Also, MI has been shown to reduce treatment costs by enhancing engagement due to increased motivation and commitment. The total cost represents a three day training for all staff, coded tapes to measure proficiency, train the trainer to build internal capacity, and ongoing quality assurance and coaching.

Respectfully submitted,

Michael Ertola  
Chief Probation Officer

**Item Initiated by:** Angelina Coffey, Administrative Services Associate  
**Approved by:** Michael Ertola, Chief Probation Officer

Submittal Date: 05/05/2017  
Revision Date: