



**NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY**

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: May 8, 2018
TO: Board of Supervisors
FROM: **Mike Dent**
SUBJECT: Resolution proclaiming May 2018 as Older Americans Month in Nevada County.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: N/A.

BACKGROUND:

Across the country, older Americans, a rapidly growing population, are taking part in activities that promote wellness and social connection. They are sharing their wisdom and experience with future generations, and they are giving back to enrich their communities. They're working and volunteering, mentoring and learning, leading and engaging.

For 55 years, Older Americans Month (OAM) has been observed to recognize older Americans and their contributions to our communities. Led by the Administration for Community Living's Administration on Aging, every May offers opportunity to hear from, support, and celebrate our nation's elders. This year's OAM theme, "Engage at Every Age," emphasizes the importance of being active and involved, no matter where or when you are in life. You are never too old (or too young) to participate in activities that can enrich your physical, mental, and emotion well-being.

It is becoming more apparent that remaining socially engaged can improve the quality of life for older adults. By issuing this proclamation, the Nevada County Board of Supervisors will formally recognize the outstanding contribution made every day by the

older adults in our community and recognize the benefits of staying engaged in our community.

Item Initiated by: Tamaran Cook

Approved by: Mike Dent, MPA, Director of Social Services