

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

500 CROWN POINT CIRCLE, STE. 120 GRASS VALLEY

CALIFORNIA 95945

10075 LEVON AVE., STE 204

TRUCKEE,

CALIFORNIA 96161

Health & Human Services Agency Director Michael Heggarty, MFT

Interim Behavioral Health Director: Phebe Bell, MSW

Behavioral Health Medical Director: Aubrey Eubanks, M.D.

> TELEPHONE (530) 265-1437 (530) 271-0257 FAX TELEPHONE (530) 582-7803 FAX (530) 582-7729

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 19, 2018

TO: **Board of Supervisors**

FROM: Phebe Bell

SUBJECT: Resolution approving execution of a renewal contract with Nevada County

> Superintendent of Schools (NCSOS) related to the provision of Latino Outreach Services through the Grass Valley Family Resource Center as a component of

the County's MHSA Prevention and Early Intervention (PEI) Plan in the

maximum amount of \$44,000 for FY 2018/19.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Contract services are funded by MHSA (Mental Health Services Act) Prevention and Early Intervention (PEI) dollars. PEI seeks to address disparities of access to mental health services, and to reach unserved/underserved populations such as members of ethnically/racially diverse communities including those unlikely to seek help from traditional mental health services access points. Services were planned for in the Department's FY 2018/19 budget. There are no county general fund dollars required in the contract.

BACKGROUND:

Under this Agreement, Nevada County Superintendent of Schools provides Latino Outreach Services through the Grass Valley Family Resource Center. The targeted focus is the Latino population, a quickly growing population in Nevada County. This population has limited access to Spanish speaking resources, especially mental health services. The Family Resource Center's Promotores Program employs bi-cultural and bi-lingual para-professionals to help Latino families connect to health resources and to offer health education.

The Grass Valley Family Resource Center's Promotores Program provides mental health outreach and engagement groups for the Latino Community. The groups are conducted in Spanish and childcare is available.

The Contractor will conduct a series of 16 psycho-educational meetings yearly that will educate people about mental health, attempt to decrease stigma and increase the number of Latinos seeking mental health treatment. The Promotora will use approved National Institute of Mental Health (NIMH) materials, the W.R.A.P. (Wellness Recovery Action Plan) curriculum and other evidence based models. The Promotora will also provide outreach and engagement to Spanish speaking families by meeting them in their homes and communities and will have scheduled advertised hours at the Family Resource Center where he/she will be available to help Spanish speakers' access services in the community.

It is expected that the services provided will:

- Increase knowledge of mental health and substance use services and treatment resources available in Nevada County.
- Increase comfort in talking about mental health illnesses and symptoms.
- Increase the comfort in talking about suicide.

It is recommended that the Board approve this Agreement as services help to reach an unmet need of access and services for community residents.

Item Initiated and Approved by: Phebe Bell, MSW, Interim Director of Behavioral Health