

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 19, 2018

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of a renewal contract with Psynergy

Programs, Inc. for the provision of residential board and care services and outpatient mental health services in the maximum amount of \$50,000 for

the term of July 1, 2018 through June 30, 2019.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: These services are mandated. The contract is supported by Behavioral Health's Managed Care Allocation funding, Medi-Cal reimbursement and Realignment dollars. Services were planned for in the Department's FY 18/19 budget and there are no county general fund dollars required.

BACKGROUND:

Under this Agreement, Psynergy Programs, Inc. will provide residential board and care services and outpatient mental health services for referred clients of Behavioral Health.

Psynergy Programs, Inc. provides both residential and mental health services to people with serious mental illnesses ages 18 and above. The program utilizes tenets of the Wellness and Recovery, Integrated Dual Diagnosis Treatment and Modified Therapeutic Community (MTC) treatment models, (Phase One, Two and Four). Contractor's programs are an alternative to locked settings such as a State Hospital, Psychiatric Hospital, an Institute for Mental Disease (IMD), a Psychiatric Health Facility (PHF) and Jail. The ultimate goal of Contractor's services is to improve each individual's quality of life, to help individuals gain the skills and ability necessary to stay out of locked hospital settings and to move into a less restrictive living arrangement in the community.

Psynergy Programs, Inc. provides services to individuals diagnosed with Serious Mental Illness (SMI) and Serious Persistent Mental Illness (SPMI) whose level of functioning, symptoms, and psychiatric history necessitate service intervention to maintain the individual in community settings. The goal is to assist individuals in IMD levels of care to step-down and transition back into the community with the support that has been demonstrated to be the most effective, using the Modified Therapeutic Community and Wellness and Recovery models.

It is recommended that the Board approve this contract as it allows for the placement of Nevada County adult clients in need of mental health and residential care services.

Item Initiated and Approved by: Phebe Bell, MSW, Interim Director of Behavioral Health