



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: November 13, 2018

TO: Board of Supervisors

FROM: **Phebe Bell**

SUBJECT: Resolution approving execution of a renewal contract with Community Recovery Resources (CoRR) for the provision of services related to serving Nevada County clients with Co-Occurring Disorders (COD) in the maximum amount of \$82,348 for the contract term of July 1, 2018 through June 30, 2019.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Services will be funded by Medi-Cal reimbursement, 2011 Realignment funds, and Mental Health Services Act (MHSA) monies made available to the department. Services are included in the F/Y 2018-19 Department budget and there are no county general fund dollars required in this Agreement.

BACKGROUND: Often we find that individuals seen for substance dependency have been trying to self-medicate the symptoms of a mental or physical complaint. Under this Agreement, Community Recovery Resources provides services to adult individuals who have both a mental illness and a substance abuse/addiction (Co-Occurring Disorder) under their comprehensive treatment program called the Co-Occurring Disorders or COD Program. Although Nevada County Behavioral Health will make all direct referrals for treatment, referrals for the program may originate from the Courts, CalWORKs, or self-referrals.

Services include integrated mental health and substance abuse treatment, case management, and ancillary services such as anger management, job skills training, parenting and life skills which are provided according to the individual client's needs. The Contractor will treat persons who have a

moderate to severe substance abuse problem co-occurring with moderate mental health problem(s) which must meet criteria for severe impairment in one area of functioning.

Psychotherapy will be provided to individuals based on an assessment and needs of the individual. Psychotherapy will provide support for the overall program and to assist the client in making functional improvements and sustainable changes in their life. Psychotherapy may continue beyond the substance abuse treatment.

It is widely recognized that people with co-occurring substance use and mental disorders are a large and significantly underserved population. It is recommended that the board approve this renewal agreement as it provides a cohesive, comprehensive approach to effectively treat dual diagnosis clients.

Item Initiated and Approved by: Phebe Bell, Director of Behavioral Health