

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: April 23, 2019

TO: **Board of Supervisors**

FROM: Phebe Bell

SUBJECT: Resolution approving Amendment No.1 to the Personal Services Contract with

> Tahoe Truckee Unified School District (TTUSD) for the provision of Wellness Program Services and Suicide Prevention Services in the Eastern County region

as a component of the County's Mental Health Services Act (MHSA)

Prevention and Early Intervention Plan, increasing the maximum Contract

Amount to \$67,400 for FY 2018/19 (increase of \$12,400), revising Exhibit "A" Schedule of Services to reflect the incorporation of Suicide Prevention services,

and revising Exhibit "B" Schedule of Charges and Payments to reflect the

increase in the maximum Contract price.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Contract services are funded by MHSA (Mental Health Services Act) dollars. MHSA funds may be used to improve the availability and access to mental health services and to reach segments of the population identified as being unserved and/or underserved. Services are within the Department's FY 2018/19 budget. There are no county general fund dollars required in the Contract.

BACKGROUND: Under this Agreement, Tahoe Truckee Unified School District shall continue the school-based Wellness Centers Program Services for its students. The Wellness Program is a collaborative project among TTUSD, the counties of Placer and Nevada, and Community Collaborative of Tahoe Truckee partners and youth. The Program is designed to help high school students build protective factors, reduce risk factors/behaviors and increase access to a broad spectrum of mental health services. The Wellness Centers provide a comfortable setting for

students to drop-in during their breaks to ask questions, get support, or just relax. The Wellness Centers offer a variety of services including a Peer Mentor Program, trained support staff and volunteers, and a variety of wellness workshops. In FY 2016/17, TTUSD Wellness Centers provided 10 unique types of group classes and workshops to 121 unduplicated participants. Additionally, the Drop-In Center resulted in 7,279 duplicated drop-in contacts across North Tahoe High and Truckee High, serving approximately 43 students per day.

With funds from this Agreement, the Contractor will continue operation of Wellness Centers at Truckee High School, North Tahoe High School, and individualized wellness programming services at Sierra High School.

Under the proposed Amendment No. 1, the Parties desire to increase the total amount of the Contract to \$67,400 for Fiscal Year 2018/19 (an increase of \$12,400), as reflected in the revised Exhibit "B" Schedule of Charges to reflect the incorporation of Suicide Prevention services in the Tahoe-Truckee region, including Tahoe Truckee Suicide Prevention Coalition Development and Planning activities, and Suicide Prevention training, as more fully set forth in the revised Exhibit "A" Schedule of Services.

It is recommended that the Board approve this amendment as it will provide funding to sustain a continuum of preventive and needed intervention services to promote the emotional and behavioral health of students and residents of the Eastern County region.

Item Initiated and Approved by: Phebe Bell, MFT, Behavioral Health Director