



**NEVADA COUNTY  
HEALTH & HUMAN SERVICES  
AGENCY**

*Ryan Gruver*  
Agency Director

**Department of Social Services**

**Tex Ritter, JD**  
Department of Social Services  
Director

950 Maidu Ave., PO Box 1210  
10075 Levon Ave., Ste 202  
988 McCourtney Road

Nevada City, CA 95959  
Truckee, CA 96161  
Grass Valley, CA 95949

Telephone (530) 265-1340 FAX (530) 265-9860  
Telephone (530) 582-7803 FAX (530) 582-7729  
Telephone (530) 265-1340 FAX (530) 274-1049

**NEVADA COUNTY BOARD OF SUPERVISORS**

**Board Agenda Memo**

---

**MEETING DATE:** September 10, 2019

**TO:** Board of Supervisors

**FROM:** **Tex Ritter**

**SUBJECT:** Resolution approving execution of Amendment #1 to the renewal contract with Sierra Nevada Memorial Hospital Foundation to increase the Maximum Contract Price from \$189,704 to \$190,004 (an increase of \$300) and amend Exhibit "B" to reflect the change in the total maximum amount for the contract term of July 1, 2018 through June 30, 2020 for the provision of Early Detection Depression Screening and Falls Prevention Services for Nevada County seniors as a component of the County's Prevention and Early Intervention (PEI) Program.

---

**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** These services are funded by Prevention and Early Intervention (PEI) funding available through the Mental Health Services Act (MHSA), transferred from Behavioral Health to Social Services, Social Services Enhanced Federal funding, and Department Realignment dollars. Contract total is in the amount of \$190,004 (\$94,852 for FY 18/19 and \$95,152 for FY 2019/20). A budget amendment is not necessary and there are no county general fund dollars required.

**BACKGROUND:** Per Resolution 18-339, the Board of Supervisors approved a renewal Agreement with Sierra Nevada Memorial Hospital Foundation to provide services to Nevada County seniors through its Falls Prevention Coalition of Nevada and its Alzheimer's Outreach Program, Early Detection Depression Screening and Falls Prevention Services.

The goal of this agreement is to provide outreach and services to seniors on how to reduce the risk factors associated with falls and depression. The causes of falls vary with contributing risk factors including lack of strength in the lower extremities, reduced vision and chronic health problems, and the fear of falling can lead to depression and hopelessness, loss of mobility, and loss of functional independence for seniors.

The Contracted Nurse / Social Worker will appropriately address the risk factors that could affect a senior's functional independence and arrange for services with their primary care physician, mental health provider, and/or a community based organizations, and if necessary Adult Protective Services.

Nevada County has one of the highest percentages of seniors in California. Approximately 25% of the total population of the County are 65 years of age or older. Falls are the primary cause of nonfatal injury hospitalizations and the vast majority of fall incidents are among seniors.

Services will be offered in close collaboration with the Friendly Visitor Program offered through FREED, Elder Care Provider agencies, Adult Protective Services, and the Public Health Department and trained volunteers.

Contracted services will include individual mental health and alcohol and other drug screening assessment and education about depression and suicide; including dissemination of a calendar of workshops, classes and events related to falls and depression. The Contractor will maintain and publicize a referral system that allows anyone in the community to refer disabled or older adults through an established phone line at Nevada County Adult Services.

It is recommended that the Board approve this Amendment to continue these vital services which help to reduce the rate of falls and depression for our community seniors.

**Item Initiated and Approved by:**        Tex Ritter, JD, Director of Social Services