

## NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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## **NEVADA COUNTY BOARD OF SUPERVISORS**

**Board Agenda Memo** 

**MEETING DATE:** June 23, 2020

**TO:** Board of Supervisors

FROM: Phebe Bell

**SUBJECT:** Resolution approving execution of a renewal contract with Turning

Point Community Programs, Inc. for the provision of Adult Assertive Community Treatment (AACT) Program, Respite, Case Management, and Housing Services as a component of the County's Mental Health Services Act (MHSA) Community Services and Supports (CSS) Plan in the maximum amount of \$3,710,886 for Fiscal Year 2020/21.

**RECOMMENDATION:** Approve the attached Resolution.

**FUNDING:** Services are funded by Mental Health Services Act (MHSA) monies made available to Nevada County from the California Department of Health Care Services (DHCS), 1991 Realignment, Medi-Cal Federal Financial Participation (FFP), Grants for the Benefit of Homeless Individuals (GBHI) through Substance Abuse and Mental Health Services Administration (SAMHSA) and Prop 47 funds. The maximum is based on the actual cost of grant programs and projected units of services anticipated to be delivered and associated program expenses. Services are in the department's budget for FY 2020/21 and this Agreement requires no county general fund dollars.

## **BACKGROUND:**

Under this Agreement, Turning Point Community Programs, Inc. will continue to provide Adult Assertive Community Treatment (AACT) Program Services as a Full-Service

Partnership (FSP) and consistent with Nevada County's approved MHSA Community Services and Supports (CSS) Plan. The Assertive Community Treatment (ACT) Team model is a multi-disciplinary approach to providing community-based psychiatric treatment, assertive outreach, rehabilitation, and support services to individuals with serious mental illness who also has co-occurring problems or multiple hospitalizations. Contractor's Adult Assertive Community Treatment Team operates 24-hours, 365 days per year to provide flexible crisis intervention and wraparound services. The wraparound services are tailored to address each eligible participant's unique and changing needs. Services include: assessment, therapy, peer support, rehabilitation, housing assistance, job development skills/assistance, psychiatric services, medication support, outreach, and linkage to other community supports, substance abuse treatment, and assistance in supporting other health and life needs.

The Contractor in conjunction with Nevada County Behavioral Health Staff will also continue to implement and monitor a specific housing treatment program for Medi-Cal beneficiaries living in a home leased by Contractor. The Contractor provides services related to an Independent Living Program, including staffing to support structured day and evening services available seven (7) days a week with rehabilitative mental health services, case management brokerage and night and weekend supervision. By continuing such program services, the County serves a critical ongoing need of providing safe, supportive housing in the least restrictive environment for appropriate clients, brings clients back to their own community, and reduces the dependence on higher-cost residential facilities in other counties.

As another continuing component of this Agreement, Contractor will provide project staffing who serve as members of the case management team at Behavioral Health, along with serving clients at Wayne Brown Correctional Facility and Hospitality House. These case management services support clients to live successfully in the community, by helping clients to access needed psychiatric services, housing support services, medical and other services. Suffering and expensive psychiatric hospitalizations are prevented, along with lessening possible crime.

Under this Agreement, Turning Point Community Programs will continue operate the Respite Insight Center which houses an ongoing caseload of four (4) qualified clients. The Respite Insight Center is the product of the County and its stakeholders having identified a need to develop an alternative to inpatient hospitalization for individuals experiencing a mental health crisis. For years, stakeholders have advocated for the expansion of the County's crisis continuum of care to include the development of a respite care center where individuals can receive temporary housing and supportive counseling services. The County's receipt of SB 82 State funding, supplemented by MHSA Community Services and Support (CSS) funds, were utilized to develop and implement a respite care center that has four (4) beds and operates 24 hours per day, 7 days per week (24/7). This center is peer-run, in coordination with clinical support and is called the Respite Insight Center.

Turning Point provides the facility and program staffing for this Center. Participants are offered an opportunity to utilize respite support up to 14 days. If individuals need additional

time at the center, the Center team will document, consider requests, and may authorize additional days. The maximum length of stay is 28 days per admission. The participants are also linked to valuable community resources to support their recovery once they leave the Center. The target population served by this center are residents of Nevada County and Sierra County who are over the age of 18 years, have a mental illness, and as a result of the disorder the individual is at risk of needing a higher level of care, including possible placement in a facility such as a: psychiatric hospital, an Institute of Mental Disease (IMD), Mental Health Rehabilitation Center (MHRC), or Crisis Stabilization Unit, or the individual has recently been discharged from one of these placements, or is experiencing a first episode or re-emergence of a psychotic break.

The economic ramifications of the Coronavirus pandemic are significantly impacting major funding sources relied on by the department. Behavioral Health is monitoring the situation closely and is actively involved in advocacy efforts through the County Behavioral Health Directors Association (CBHDA) to ensure reasonable funding for county services. Additionally, the department has reviewed the 20-21 budget carefully and areas for reduction have been identified to reduce the pressure on existing funding sources. At the same time, demand for behavioral health services is likely to increase over coming months due to both the economic stress and social isolation of this time, as well as due to increasing numbers of Medi-Cal beneficiaries in our county. The department is proposing to move forward with critical contracts at levels similar to what was originally budgeted, but with the understanding that midyear reductions may be necessary if revenues continue to decline. Behavioral Health staff are in close communication with all contractors and have provided support to them around modifying their processes and protocols so that staff can remain safe and community members can safely get the care they need. Staff are also working closely with providers to increase productivity so that we can continue to maximize our ability to draw down federal funds. Providers are aware that midyear cuts may be needed if the economic situation worsens. Additional analysis and review will be done as needed throughout the year. This contract does not rely on general funds and Behavioral Health's current anticipated revenues along with fund balances are sufficient to support this contract at this time. It is recommended that the Board approve this renewal Agreement as Turning Point Community Programs, Inc. has proven to be an effective community partner in providing an array of client driven services that increases consumer and family participation and advances a coordinated care structure helping to reduce the need for hospitalization and out-of-home placements.

**Item Initiated and Approved by:** Phebe Bell, MSW, Director of Behavioral Health