

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

Ryan Gruver Agency Director

Department of Social Services

Rachel Roos, LCSW.

Department of Social Services

Director

950 Maidu Ave., PO Box 1210 10075 Levon Ave., Ste 202 988 McCourtney Road Nevada City, CA 95959 Truckee, CA 96161 Grass Valley, CA 95949 Telephone (530) 265-1340 FAX (530) 265-9860 Telephone (530) 582-7803 FAX (530) 582-7729 Telephone (530) 265-1340 FAX (530) 274-1049

NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: May 11, 2021

TO: Board of Supervisors

FROM: Rachel Roos

SUBJECT: Resolution proclaiming May 2021 as Older Americans Month in

Nevada County.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: N/A.

BACKGROUND: Across the country, older Americans, a rapidly growing population, are taking part in activities that promote wellness and social connection. Each year, more and more older adults are making a positive impact in and around Nevada County. Strength is built and shown not only by bold acts, but also small ones of day-to-day life—a conversation shared with a friend, working in the garden, trying a new recipe, or taking time for a cup of tea on a busy day. And when we share these activities with others—even virtually or by telling about the experience later—we help them build resilience too.

For 57 years, Older Americans Month (OAM) has been observed to recognize older Americans and their contributions to our communities. Each May, the Administration for Community Living leads the celebration of Older Americans Month (OAM). This year's theme is Communities of Strength, recognizing the important role older adults play in fostering the connection and engagement that build strong, resilient communities. By issuing this proclamation, the Nevada County Board of Supervisors will formally recognize the outstanding contribution made every day by the older adults in our community and recognize the benefits of staying engaged in our community.

Item Initiated and Approved by: Rachel Roos, LCSW, Director of Social Services