

NEVADA COUNTY HEALTH & HUMAN SERVICES AGENCY

BEHAVIORAL HEALTH DEPARTMENT

(Mental Health, Drug and Alcohol Program)

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NEVADA COUNTY BOARD OF SUPERVISORS

Board Agenda Memo

MEETING DATE: June 15, 2021

TO: **Board of Supervisors**

FROM: Phebe Bell

SUBJECT: Resolution approving execution of a renewal contract with Nevada County

> Superintendent of Schools (NCSOS) related to the provision of Latino Outreach Services through the Grass Valley Family Resource Center as a component of

the County's MHSA Prevention and Early Intervention (PEI) Plan in the

maximum amount of \$61,200 for FY 2021/22.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Contract services are funded by MHSA (Mental Health Services Act) Prevention and Early Intervention (PEI) dollars. PEI seeks to address disparities of access to mental health services, and to reach unserved/underserved populations such as members of ethnically/racially diverse communities including those unlikely to seek help from traditional mental health services access points. Services were planned for in the Department's FY 2021/22 budget. There are no county general fund dollars required in the contract.

BACKGROUND:

Under this Agreement, Nevada County Superintendent of Schools provides Latino Outreach Services through the Grass Valley Family Resource Center. The targeted focus is the Latino population, a quickly growing population in Nevada County. This population has limited access to Spanish speaking resources, especially mental health services. The Family Resource Center's Promotoras Program employs bicultural and bilingual para-professionals to help Latino families connect to health resources and to offer health education.

The Grass Valley Family Resource Center's Promotoras Program provides mental health outreach and engagement groups for the Latino Community, which are conducted in Spanish.

The Contractor will conduct 16 psycho-educational meetings yearly that will educate people about mental health, attempt to decrease stigma and increase the number of Latinos seeking mental health treatment. The Promotora will use California's SanaMente (Healthy Mind) and Reconoza las Senales (Know the Signs) materials, W.R.A.P. (Wellness Recovery Action Plan) curriculum, and other evidence-based models. The Promotora will also provide outreach and engagement to Spanish speaking families by meeting them in their homes and communities and will have scheduled advertised hours at the Family Resource Center where he/she will be available to help Spanish speakers access services in the community.

It is expected that the services provided will:

- Increase knowledge of mental health and substance use services and treatment resources available in Nevada County.
- Increase comfort in talking about mental health illnesses and symptoms.
- Increase the comfort in talking about suicide.

It is recommended that the Board approve this renewal Agreement as services address unmet needs and improve access to mental health care for community residents.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health