



NEVADA COUNTY
HEALTH & HUMAN SERVICES
AGENCY

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NEVADA COUNTY BOARD OF SUPERVISORS
Board Agenda Memo

MEETING DATE: June 15, 2021

TO: Board of Supervisors

FROM: Phebe Bell

SUBJECT: Resolution approving execution of a renewal contract with Tahoe Truckee Unified School District (TTUSD) for the provision of Wellness Program Services in the eastern county region as a component of the County's Mental Health Services Act (MHSA) Prevention and Early Intervention Plan in the maximum amount of \$50,587 for FY 2021/22.

RECOMMENDATION: Approve the attached Resolution.

FUNDING: Contract services are funded by MHSA (Mental Health Services Act) dollars. MHSA funds may be used to improve the availability and access to mental health services and to reach segments of the population identified as being unserved and/ or underserved. Services are within the department's FY 2021/22 budget. There are no county general fund dollars required in the contract.

BACKGROUND:

Under this Agreement, Tahoe Truckee Unified School District shall continue the school-based Wellness Centers Program Services for its students. The program is financially supported by both Nevada County and Placer County and is comprised of Wellness Centers at North Tahoe High and Truckee High, individualized wellness programming at Sierra High and the Community School (Placer County Court School), and outreach and education to North Tahoe Middle School, Alder Creek Middle School and the elementary schools. The project is designed to help high school students build protective factors, reduce risk factors/behaviors and increase access to a broad spectrum of mental health services. The Wellness Centers provide a comfortable setting for students to drop-in during their breaks to ask questions, get support, or just relax. The Wellness Centers provide a safe, supportive environment at school where students can go to discuss a

variety of issues from depression, anxiety, stress, grief, and family life to dating violence, sexual identity and health needs. Through both on-campus programming and community-based partnerships, students receive coordinated health education, screenings, counseling and other supportive services to improve their mental and emotional health.

With funds from this Agreement, the Contractor will continue operation of Wellness Centers at Truckee High School, North Tahoe High School, and individualized wellness programming services at Sierra High School.

It is recommended that the Board approve this Agreement as it will provide funding to sustain a continuum of preventive and needed intervention services to promote the emotional and behavioral health of students in the Eastern County region.

Item Initiated and Approved by: Phebe Bell, MSW, Director of Behavioral Health