



BEHAVIORAL HEALTH DEPARTMENT (Mental Health, Drug and Alcohol Program) Health & Human Services Agency Director Ryan Gruver

**Behavioral Health Director:** *Phebe Bell, MSW* 

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## NEVADA COUNTY BOARD OF SUPERVISORS Board Agenda Memo

<b>MEETING DATE:</b>	July 27, 2021
MEETING DATE.	July $\angle I$ , $\angle 0 \angle 1$

TO: Board of Supervisors

FROM: Phebe Bell

**SUBJECT:** Resolution approving execution of a renewal contract with Common Goals, Inc. for the provision of outpatient rehabilitative treatment services for the recovery and treatment of alcohol/drug dependency in the maximum amount of \$686,591 for Fiscal Year 2021/22 and directs the Auditor-Controller to amend the Behavioral Health Budget for Fiscal Year 2021/22 (4/5 Affirmative Vote Required).

**<u>RECOMMENDATION</u>**: Approve the attached Resolution.

**FUNDING:** Funding is provided through Drug Medi-Cal Federal reimbursement, 2011 Realignment and reimbursement from Probation and Social Services for participants referred through their departments. Majority of services are included in the Department's FY 2021/22 budget; budget amendment required for increase above budgeted amount and is included in this Resolution. There are no county general fund dollars required in the Agreement.

## **BACKGROUND**:

Common Goals, Inc. provides education and treatment services to persons affected by the disease of alcoholism and/or drug addictions. Under this Agreement, the Contractor will continue to provide outpatient rehabilitative treatment services for Medi-Cal Beneficiaries for the recovery and treatment of alcohol/drug dependency. The service program will be for adults (over the age of eighteen) both males and females; and adolescents both males and females, offering individual and group outpatient rehabilitation services for authorized county clients. Services also include participants referred through the Nevada County Probation Department.

Each client receives individual counseling, which is face-to face contact between the client and the therapist or counselor. Individual counseling includes intake, evaluation/assessment, treatment and discharge planning, collateral services and crisis intervention. Group counseling

means face-to face contacts in which one or more counselors treat two or more clients, up to a total of twelve clients, at the same time, focusing on needs of the individuals served. Sessions focus on overcoming substance abuse related obstacles to achieve short-term personal, family, job/school and other goals.

Family Counseling will be made available to participants whenever issues such as interpersonal and/or family relationships present themselves as possible barriers to the successful treatment of the individual. The Contractor will provide direct therapeutic counseling services to families referred for substance abuse issues.

Additionally, per the renewal Agreement, Contractor will provide Intensive Outpatient Treatment (IOT) which consists of alcohol and drug treatment services (intake, individual counseling, group counseling, patient education, family therapy, medication services, collateral services, crisis intervention, treatment planning, discharge services) in a non-residential setting.

Additionally, the contractor provides Recovery Residences for individuals authorized by the County. Recovery Residences provides an affordable clean and sober supported living environment where individuals can rebuild their own housing and employment resources while still participating in a lower level of care.

Item Initiated and Approved by:	Phebe Bell, MSW, Director of Behavioral Health
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